

































## Portland, ME - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:40	9.4	4:12	9.2	9:53	0.5	10:19	1.1	5:31	8:03	
2	Wed	4:29	8.9	4:59	9.0	10:38	0.9	11:10	1.3	5:32	8:02	
3	Thu	5:21	8.4	5:47	8.9	11:24	1.3			5:33	8:00	
4	Fri	6:14	8.1	6:37	8.8	12:04	1.5	12:13	1.6	5:34	7:59	
5	Sat	7:11	7.9	7:30	8.9	1:00	1.5	1:05	1.8	5:35	7:58	
6	Sun	8:09	7.8	8:22	9.0	1:58	1.4	2:00	1.9	5:36	7:56	
7	Mon	9:03	7.9	9:12	9.3	2:52	1.2	2:52	1.7	5:37	7:55	
8	Tue	9:52	8.2	9:58	9.6	3:41	0.9	3:40	1.5	5:38	7:54	
9	Wed	10:37	8.5	10:42	9.9	4:24	0.5	4:24	1.2	5:40	7:52	
10	Thu	11:20	8.8	11:24	10.3	5:06	0.1	5:07	0.8	5:41	7:51	
11	Fri			12:01	9.1	5:47	-0.3	5:51	0.5	5:42	7:49	
12	Sat	12:07	10.5	12:42	9.5	6:27	-0.6	6:35	0.2	5:43	7:48	
13	Sun	12:50	10.7	1:23	9.8	7:09	-0.8	7:21	-0.1	5:44	7:46	
14	Mon	1:35	10.7	2:06	10.1	7:51	-0.8	8:09	-0.3	5:45	7:45	
15	Tue	2:22	10.6	2:52	10.3	8:37	-0.8	9:00	-0.3	5:46	7:43	
16	Wed	3:13	10.3	3:42	10.4	9:25	-0.6	9:55	-0.3	5:47	7:42	
17	Thu	4:09	9.9	4:37	10.4	10:17	-0.2	10:54	-0.1	5:49	7:40	
18	Fri	5:09	9.5	5:35	10.3	11:14	0.1	11:57	0.0	5:50	7:39	
19	Sat	6:13	9.1	6:37	10.2			12:14	0.4	5:51	7:37	
20	Sun	7:21	8.9	7:42	10.2	1:04	0.0	1:18	0.7	5:52	7:36	
21	Mon	8:28	8.9	8:46	10.3	2:12	0.0	2:25	0.7	5:53	7:34	
22	Tue	9:30	9.1	9:45	10.5	3:16	-0.2	3:26	0.5	5:54	7:32	
23	Wed	10:26	9.3	10:39	10.6	4:12	-0.4	4:22	0.4	5:55	7:31	
24	Thu	11:17	9.5	11:29	10.6	5:04	-0.6	5:13	0.2	5:56	7:29	
25	Fri			12:04	9.6	5:51	-0.6	6:01	0.1	5:58	7:27	
26	Sat	12:16	10.5	12:47	9.7	6:34	-0.5	6:46	0.2	5:59	7:26	
27	Sun	1:00	10.3	1:28	9.6	7:15	-0.3	7:29	0.3	6:00	7:24	
28	Mon	1:41	10.0	2:07	9.5	7:53	0.1	8:11	0.5	6:01	7:22	
29	Tue	2:22	9.6	2:46	9.4	8:31	0.4	8:53	0.7	6:02	7:20	
30	Wed	3:05	9.1	3:26	9.2	9:10	0.8	9:38	1.0	6:03	7:19	
31	Thu	3:50	8.7	4:09	9.0	9:52	1.2	10:25	1.2	6:04	7:17	