






























## Portland, ME - Sep 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:39	8.3	4:56	8.8	10:37	1.6	11:16	1.4	6:05	7:15	
2	Sat	5:31	8.0	5:47	8.7	11:25	1.8			6:06	7:13	
3	Sun	6:27	7.8	6:41	8.7	12:10	1.5	12:18	2.0	6:08	7:12	
4	Mon	7:26	7.7	7:38	8.8	1:08	1.5	1:15	2.0	6:09	7:10	
5	Tue	8:23	7.9	8:33	9.1	2:07	1.3	2:12	1.8	6:10	7:08	
6	Wed	9:14	8.3	9:23	9.6	3:00	0.9	3:05	1.4	6:11	7:06	
7	Thu	10:00	8.7	10:10	10.0	3:47	0.4	3:53	0.9	6:12	7:04	
8	Fri	10:44	9.2	10:56	10.5	4:31	0.0	4:39	0.3	6:13	7:03	
9	Sat	11:27	9.8	11:41	10.8	5:13	-0.5	5:25	-0.2	6:14	7:01	
10	Sun			12:10	10.3	5:56	-0.8	6:12	-0.6	6:15	6:59	
11	Mon	12:27	11.0	12:53	10.7	6:40	-1.0	7:00	-0.9	6:16	6:57	
12	Tue	1:15	10.9	1:39	10.9	7:25	-1.0	7:50	-1.0	6:18	6:55	
13	Wed	2:04	10.7	2:26	11.0	8:12	-0.9	8:42	-1.0	6:19	6:53	
14	Thu	2:57	10.3	3:18	10.8	9:02	-0.5	9:38	-0.7	6:20	6:52	
15	Fri	3:55	9.9	4:16	10.6	9:57	-0.1	10:39	-0.4	6:21	6:50	
16	Sat	4:58	9.4	5:18	10.3	10:57	0.4	11:44	-0.1	6:22	6:48	
17	Sun	6:04	9.1	6:24	10.0			12:01	0.8	6:23	6:46	
18	Mon	7:13	8.9	7:32	9.9	12:52	0.1	1:10	0.9	6:24	6:44	
19	Tue	8:19	8.9	8:37	10.0	2:01	0.1	2:18	0.9	6:25	6:42	
20	Wed	9:19	9.1	9:35	10.1	3:04	0.0	3:19	0.7	6:27	6:41	
21	Thu	10:12	9.4	10:27	10.2	3:58	-0.1	4:13	0.4	6:28	6:39	
22	Fri	10:58	9.6	11:14	10.2	4:46	-0.2	5:01	0.2	6:29	6:37	
23	Sat	11:41	9.7	11:58	10.1	5:29	-0.2	5:45	0.1	6:30	6:35	
24	Sun			12:20	9.8	6:09	0.0	6:26	0.1	6:31	6:33	
25	Mon	12:38	9.9	12:57	9.7	6:45	0.2	7:04	0.2	6:32	6:31	
26	Tue	1:17	9.6	1:31	9.6	7:20	0.5	7:42	0.3	6:33	6:30	
27	Wed	1:54	9.3	2:06	9.5	7:54	0.8	8:20	0.5	6:35	6:28	
28	Thu	2:33	8.9	2:43	9.3	8:31	1.1	9:00	0.8	6:36	6:26	
29	Fri	3:15	8.5	3:23	9.0	9:10	1.5	9:44	1.0	6:37	6:24	
30	Sat	4:01	8.2	4:09	8.8	9:55	1.8	10:33	1.2	6:38	6:22	