

































Portland, ME - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:11	9.8	8:01	8.7	12:48	0.8	1:43	-0.2	6:16	5:30	
2	Fri	8:16	10.1	9:00	9.1	1:57	0.6	2:45	-0.5	6:14	5:31	
3	Sat	9:15	10.4	9:54	9.4	2:57	0.2	3:39	-0.8	6:12	5:32	
4	Sun	10:08	10.5	10:42	9.7	3:52	-0.1	4:28	-0.9	6:10	5:33	
5	Mon	10:57	10.6	11:27	9.9	4:42	-0.4	5:14	-0.9	6:09	5:35	
6	Tue	11:42	10.4			5:28	-0.5	5:56	-0.8	6:07	5:36	
7	Wed	12:08	9.9	12:25	10.1	6:12	-0.4	6:35	-0.4	6:05	5:37	
8	Thu	12:48	9.8	1:07	9.7	6:55	-0.3	7:13	0.0	6:04	5:39	
9	Fri	1:26	9.6	1:50	9.2	7:37	0.0	7:52	0.5	6:02	5:40	
10	Sat	2:06	9.4	2:34	8.7	8:21	0.4	8:33	1.0	6:00	5:41	
11	Sun	3:48	9.0	4:22	8.2	10:07	0.7	10:18	1.4	6:58	6:42	
12	Mon	4:34	8.7	5:15	7.8	10:58	1.1	11:07	1.8	6:56	6:44	
13	Tue	5:26	8.5	6:12	7.5	11:52	1.3			6:55	6:45	
14	Wed	6:22	8.3	7:13	7.4	12:02	2.1	12:53	1.4	6:53	6:46	
15	Thu	7:23	8.3	8:13	7.6	1:02	2.1	1:55	1.3	6:51	6:47	
16	Fri	8:22	8.6	9:07	7.9	2:03	2.0	2:51	1.0	6:49	6:48	
17	Sat	9:15	9.0	9:53	8.4	2:58	1.6	3:38	0.6	6:48	6:50	
18	Sun	10:02	9.4	10:34	8.9	3:46	1.1	4:20	0.2	6:46	6:51	
19	Mon	10:45	9.9	11:14	9.4	4:30	0.5	5:00	-0.3	6:44	6:52	
20	Tue	11:27	10.2	11:52	9.9	5:12	-0.1	5:39	-0.6	6:42	6:53	
21	Wed			12:10	10.5	5:55	-0.6	6:19	-0.9	6:40	6:55	
22	Thu	12:32	10.4	12:53	10.5	6:39	-1.0	7:00	-0.9	6:39	6:56	
23	Fri	1:12	10.7	1:38	10.4	7:25	-1.2	7:43	-0.8	6:37	6:57	
24	Sat	1:55	10.9	2:26	10.2	8:12	-1.2	8:30	-0.6	6:35	6:58	
25	Sun	2:42	10.8	3:19	9.7	9:04	-1.1	9:20	-0.1	6:33	6:59	
26	Mon	3:34	10.5	4:18	9.3	10:00	-0.7	10:17	0.3	6:31	7:01	
27	Tue	4:34	10.2	5:23	8.9	11:02	-0.3	11:20	0.8	6:30	7:02	
28	Wed	5:39	9.8	6:33	8.6			12:10	0.0	6:28	7:03	
29	Thu	6:50	9.6	7:44	8.6	12:28	1.0	1:22	0.1	6:26	7:04	
30	Fri	8:02	9.6	8:50	8.9	1:42	1.0	2:31	0.1	6:24	7:05	
31	Sat	9:07	9.8	9:47	9.2	2:50	0.8	3:31	-0.1	6:22	7:07	