

































## Portland, ME - Oct 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:15	10.2	1:31	10.7	7:19	-0.4	7:47	-0.8	6:39	6:21	
2	Tue	2:01	10.1	2:15	10.7	8:03	-0.2	8:36	-0.7	6:40	6:19	
3	Wed	2:50	9.7	3:05	10.6	8:52	0.1	9:30	-0.5	6:41	6:17	
4	Thu	3:46	9.4	4:01	10.4	9:46	0.4	10:30	-0.2	6:42	6:16	
5	Fri	4:49	9.0	5:04	10.1	10:46	0.8	11:34	0.0	6:44	6:14	
6	Sat	5:56	8.8	6:12	9.9	11:51	1.0			6:45	6:12	
7	Sun	7:05	8.8	7:23	9.9	12:43	0.2	1:01	1.0	6:46	6:10	
8	Mon	8:12	9.1	8:30	10.0	1:52	0.1	2:11	0.8	6:47	6:09	
9	Tue	9:12	9.4	9:30	10.2	2:55	-0.1	3:14	0.4	6:48	6:07	
10	Wed	10:05	9.8	10:24	10.3	3:50	-0.3	4:10	0.0	6:50	6:05	
11	Thu	10:52	10.1	11:13	10.3	4:38	-0.4	5:00	-0.3	6:51	6:03	
12	Fri	11:36	10.3			5:23	-0.3	5:46	-0.4	6:52	6:02	
13	Sat	12:00	10.2	12:18	10.3	6:05	-0.1	6:30	-0.4	6:53	6:00	
14	Sun	12:44	9.9	12:57	10.2	6:45	0.2	7:12	-0.3	6:54	5:58	
15	Mon	1:26	9.6	1:35	10.0	7:23	0.6	7:53	0.0	6:56	5:57	
16	Tue	2:07	9.2	2:13	9.7	8:02	1.0	8:35	0.3	6:57	5:55	
17	Wed	2:50	8.7	2:54	9.3	8:42	1.4	9:19	0.7	6:58	5:53	
18	Thu	3:37	8.3	3:40	9.0	9:27	1.8	10:07	1.0	6:59	5:52	
19	Fri	4:28	8.0	4:32	8.7	10:16	2.1	11:00	1.3	7:01	5:50	
20	Sat	5:22	7.8	5:27	8.5	11:10	2.2	11:55	1.4	7:02	5:49	
21	Sun	6:18	7.8	6:25	8.5			12:07	2.3	7:03	5:47	
22	Mon	7:14	7.9	7:24	8.6	12:52	1.4	1:06	2.1	7:04	5:45	
23	Tue	8:07	8.2	8:18	8.9	1:47	1.2	2:03	1.7	7:06	5:44	
24	Wed	8:54	8.7	9:08	9.2	2:37	0.9	2:54	1.2	7:07	5:42	
25	Thu	9:36	9.3	9:53	9.6	3:21	0.6	3:40	0.6	7:08	5:41	
26	Fri	10:16	9.9	10:37	9.9	4:02	0.2	4:24	-0.1	7:09	5:39	
27	Sat	10:56	10.4	11:22	10.2	4:42	-0.2	5:08	-0.6	7:11	5:38	
28	Sun	11:36	10.9			5:24	-0.4	5:53	-1.1	7:12	5:36	
29	Mon	12:07	10.3	12:20	11.2	6:07	-0.5	6:40	-1.3	7:13	5:35	
30	Tue	12:54	10.3	1:05	11.3	6:53	-0.4	7:28	-1.4	7:15	5:34	
31	Wed	1:43	10.1	1:54	11.2	7:41	-0.2	8:19	-1.2	7:16	5:32	