

































## Portland, ME - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:15	8.5	7:40	9.6	1:06	1.1	1:18	1.0	5:03	8:26	
2	Tue	8:13	8.6	8:31	10.1	2:03	0.7	2:12	0.9	5:04	8:26	
3	Wed	9:10	8.8	9:23	10.6	2:59	0.2	3:06	0.7	5:04	8:26	
4	Thu	10:06	9.1	10:16	11.0	3:53	-0.4	3:59	0.4	5:05	8:25	
5	Fri	11:00	9.4	11:09	11.4	4:46	-0.9	4:52	0.1	5:06	8:25	
6	Sat	11:55	9.6			5:40	-1.3	5:47	-0.1	5:06	8:25	
7	Sun	12:04	11.6	12:50	9.9	6:33	-1.5	6:42	-0.2	5:07	8:24	
8	Mon	12:59	11.7	1:44	10.0	7:27	-1.5	7:38	-0.2	5:08	8:24	
9	Tue	1:54	11.5	2:39	10.1	8:20	-1.4	8:35	-0.1	5:08	8:23	
10	Wed	2:51	11.1	3:36	10.1	9:15	-1.1	9:35	0.0	5:09	8:23	
11	Thu	3:51	10.6	4:33	10.0	10:11	-0.7	10:38	0.2	5:10	8:22	
12	Fri	4:52	10.0	5:31	10.0	11:07	-0.3	11:42	0.4	5:11	8:22	
13	Sat	5:54	9.5	6:28	9.9			12:04	0.2	5:12	8:21	
14	Sun	6:57	9.0	7:25	9.8	12:46	0.5	1:02	0.7	5:13	8:21	
15	Mon	8:01	8.7	8:22	9.8	1:50	0.5	2:01	1.1	5:13	8:20	
16	Tue	9:01	8.5	9:15	9.8	2:51	0.5	2:57	1.3	5:14	8:19	
17	Wed	9:55	8.5	10:03	9.8	3:45	0.4	3:48	1.4	5:15	8:18	
18	Thu	10:44	8.5	10:48	9.8	4:34	0.3	4:34	1.4	5:16	8:18	
19	Fri	11:29	8.5	11:31	9.8	5:18	0.2	5:17	1.4	5:17	8:17	
20	Sat			12:11	8.5	5:59	0.2	5:57	1.4	5:18	8:16	
21	Sun	12:11	9.8	12:50	8.6	6:37	0.2	6:35	1.3	5:19	8:15	
22	Mon	12:49	9.8	1:26	8.6	7:13	0.2	7:12	1.3	5:20	8:14	
23	Tue	1:25	9.7	2:02	8.7	7:47	0.3	7:49	1.3	5:21	8:13	
24	Wed	2:01	9.6	2:37	8.7	8:21	0.3	8:28	1.3	5:22	8:12	
25	Thu	2:38	9.4	3:13	8.8	8:56	0.4	9:09	1.3	5:23	8:11	
26	Fri	3:18	9.2	3:51	8.9	9:33	0.6	9:53	1.3	5:24	8:10	
27	Sat	4:01	8.9	4:32	9.1	10:14	0.7	10:41	1.2	5:25	8:09	
28	Sun	4:49	8.7	5:17	9.3	10:58	0.8	11:32	1.0	5:26	8:08	
29	Mon	5:41	8.5	6:05	9.5	11:46	1.0			5:27	8:07	
30	Tue	6:38	8.4	7:00	9.8	12:28	0.8	12:39	1.0	5:28	8:06	
31	Wed	7:40	8.5	7:58	10.1	1:28	0.5	1:38	0.9	5:29	8:05	