






























Portland, ME - Jul 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:59	10.4	4:44	9.8	10:21	-0.6	10:47	0.4	5:03	8:26	
2	Wed	5:00	10.0	5:41	10.0	11:17	-0.3	11:51	0.4	5:04	8:26	
3	Thu	6:03	9.6	6:39	10.1			12:14	0.0	5:04	8:26	
4	Fri	7:08	9.2	7:37	10.2	12:56	0.3	1:12	0.4	5:05	8:25	
5	Sat	8:14	9.0	8:35	10.3	2:01	0.2	2:12	0.6	5:05	8:25	
6	Sun	9:15	8.9	9:29	10.4	3:03	0.0	3:10	0.8	5:06	8:25	
7	Mon	10:12	8.9	10:20	10.4	4:00	-0.2	4:03	0.9	5:07	8:24	
8	Tue	11:04	8.9	11:09	10.4	4:51	-0.3	4:53	1.0	5:08	8:24	
9	Wed	11:53	8.9	11:55	10.3	5:40	-0.3	5:40	1.0	5:08	8:23	
10	Thu			12:38	8.8	6:25	-0.2	6:25	1.1	5:09	8:23	
11	Fri	12:39	10.2	1:21	8.8	7:07	-0.1	7:07	1.2	5:10	8:22	
12	Sat	1:21	10.0	2:01	8.7	7:47	0.1	7:49	1.3	5:11	8:22	
13	Sun	2:01	9.8	2:41	8.7	8:25	0.3	8:30	1.4	5:11	8:21	
14	Mon	2:42	9.5	3:21	8.7	9:03	0.5	9:14	1.5	5:12	8:21	
15	Tue	3:24	9.1	4:02	8.7	9:42	0.7	9:59	1.6	5:13	8:20	
16	Wed	4:08	8.8	4:44	8.7	10:22	1.0	10:47	1.7	5:14	8:19	
17	Thu	4:56	8.4	5:27	8.8	11:04	1.2	11:36	1.6	5:15	8:19	
18	Fri	5:45	8.2	6:11	8.9	11:48	1.4			5:16	8:18	
19	Sat	6:38	7.9	6:59	9.0	12:28	1.6	12:36	1.6	5:17	8:17	
20	Sun	7:35	7.9	7:50	9.3	1:24	1.4	1:28	1.6	5:18	8:16	
21	Mon	8:33	8.0	8:43	9.6	2:20	1.0	2:22	1.5	5:19	8:15	
22	Tue	9:27	8.2	9:34	10.1	3:15	0.6	3:16	1.3	5:20	8:14	
23	Wed	10:19	8.5	10:25	10.5	4:06	0.1	4:07	0.9	5:21	8:13	
24	Thu	11:10	8.9	11:17	10.9	4:56	-0.4	4:59	0.5	5:22	8:13	
25	Fri			12:01	9.3	5:46	-0.8	5:51	0.2	5:23	8:12	
26	Sat	12:09	11.2	12:51	9.7	6:36	-1.1	6:44	-0.1	5:24	8:11	
27	Sun	1:01	11.4	1:41	10.0	7:25	-1.3	7:37	-0.3	5:25	8:09	
28	Mon	1:53	11.3	2:32	10.2	8:14	-1.3	8:32	-0.3	5:26	8:08	
29	Tue	2:47	10.9	3:25	10.4	9:05	-1.1	9:30	-0.3	5:27	8:07	
30	Wed	3:44	10.5	4:20	10.4	9:58	-0.7	10:31	-0.1	5:28	8:06	
31	Thu	4:45	9.9	5:16	10.3	10:53	-0.2	11:33	0.0	5:29	8:05	