

Portland, ME - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:34	11.0	3:09	10.4	8:51	-1.1	9:16	-0.4	5:31	8:03	
2	Sat	3:30	10.4	4:03	10.4	9:43	-0.6	10:15	-0.1	5:32	8:02	
3	Sun	4:30	9.8	4:58	10.2	10:37	0.0	11:17	0.2	5:33	8:01	
4	Mon	5:31	9.1	5:55	9.9	11:32	0.6			5:34	7:59	
5	Tue	6:33	8.6	6:53	9.6	12:20	0.4	12:31	1.2	5:35	7:58	
6	Wed	7:38	8.2	7:53	9.5	1:25	0.6	1:32	1.5	5:36	7:57	
7	Thu	8:40	8.1	8:51	9.4	2:29	0.7	2:33	1.7	5:37	7:55	
8	Fri	9:36	8.1	9:44	9.5	3:26	0.7	3:28	1.7	5:38	7:54	
9	Sat	10:26	8.2	10:31	9.6	4:16	0.6	4:17	1.5	5:40	7:53	
10	Sun	11:11	8.4	11:14	9.7	5:01	0.5	5:00	1.4	5:41	7:51	
11	Mon	11:51	8.5	11:54	9.8	5:41	0.4	5:40	1.3	5:42	7:50	
12	Tue			12:28	8.7	6:18	0.3	6:18	1.2	5:43	7:48	
13	Wed	12:31	9.7	1:03	8.8	6:51	0.3	6:54	1.1	5:44	7:47	
14	Thu	1:06	9.7	1:35	8.9	7:22	0.3	7:29	1.0	5:45	7:45	
15	Fri	1:40	9.5	2:07	9.0	7:53	0.4	8:06	1.0	5:46	7:44	
16	Sat	2:15	9.3	2:39	9.1	8:25	0.5	8:44	0.9	5:47	7:42	
17	Sun	2:53	9.0	3:15	9.2	9:00	0.7	9:26	0.9	5:48	7:41	
18	Mon	3:35	8.7	3:54	9.3	9:40	0.9	10:13	0.9	5:50	7:39	
19	Tue	4:21	8.4	4:40	9.4	10:24	1.1	11:04	0.9	5:51	7:37	
20	Wed	5:14	8.2	5:32	9.5	11:14	1.3			5:52	7:36	
21	Thu	6:13	8.1	6:30	9.6	12:01	0.9	12:10	1.4	5:53	7:34	
22	Fri	7:18	8.1	7:35	9.9	1:05	0.7	1:13	1.3	5:54	7:33	
23	Sat	8:26	8.3	8:41	10.3	2:12	0.4	2:19	1.0	5:55	7:31	
24	Sun	9:28	8.8	9:42	10.8	3:15	-0.1	3:22	0.5	5:56	7:29	
25	Mon	10:25	9.3	10:40	11.2	4:12	-0.6	4:21	0.0	5:57	7:28	
26	Tue	11:19	9.9	11:36	11.4	5:06	-1.1	5:17	-0.5	5:59	7:26	
27	Wed			12:11	10.4	5:57	-1.3	6:12	-0.8	6:00	7:24	
28	Thu	12:29	11.4	1:01	10.7	6:46	-1.4	7:06	-1.0	6:01	7:22	
29	Fri	1:22	11.2	1:50	10.8	7:35	-1.2	7:59	-0.9	6:02	7:21	
30	Sat	2:14	10.7	2:39	10.7	8:23	-0.7	8:53	-0.7	6:03	7:19	
31	Sun	3:08	10.1	3:30	10.4	9:13	-0.1	9:49	-0.3	6:04	7:17	