

Portland, ME - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:02	8.9	11:06	10.5	4:48	-0.4	4:50	0.9	5:03	8:26	
2	Thu	11:53	8.9	11:55	10.4	5:38	-0.4	5:39	1.0	5:04	8:26	
3	Fri			12:40	8.9	6:26	-0.3	6:26	1.0	5:05	8:26	
4	Sat	12:41	10.3	1:24	8.8	7:10	-0.2	7:11	1.1	5:05	8:25	
5	Sun	1:24	10.1	2:06	8.8	7:51	0.0	7:54	1.3	5:06	8:25	
6	Mon	2:06	9.8	2:47	8.7	8:31	0.2	8:38	1.4	5:06	8:25	
7	Tue	2:48	9.5	3:29	8.7	9:11	0.5	9:23	1.5	5:07	8:24	
8	Wed	3:32	9.1	4:11	8.7	9:50	0.8	10:10	1.6	5:08	8:24	
9	Thu	4:18	8.7	4:54	8.7	10:31	1.1	10:59	1.7	5:09	8:23	
10	Fri	5:07	8.3	5:37	8.8	11:13	1.4	11:49	1.7	5:09	8:23	
11	Sat	5:57	8.0	6:22	8.8	11:57	1.6			5:10	8:22	
12	Sun	6:51	7.8	7:10	8.9	12:42	1.6	12:45	1.8	5:11	8:22	
13	Mon	7:49	7.7	8:01	9.1	1:38	1.5	1:37	1.9	5:12	8:21	
14	Tue	8:46	7.7	8:53	9.4	2:34	1.2	2:31	1.8	5:13	8:21	
15	Wed	9:39	8.0	9:43	9.8	3:26	0.8	3:23	1.6	5:14	8:20	
16	Thu	10:29	8.3	10:32	10.3	4:16	0.3	4:13	1.2	5:14	8:19	
17	Fri	11:18	8.6	11:21	10.7	5:04	-0.1	5:03	0.9	5:15	8:18	
18	Sat			12:06	9.0	5:52	-0.5	5:54	0.5	5:16	8:18	
19	Sun	12:11	11.0	12:54	9.4	6:39	-0.9	6:45	0.2	5:17	8:17	
20	Mon	1:01	11.1	1:42	9.8	7:26	-1.1	7:37	-0.1	5:18	8:16	
21	Tue	1:52	11.1	2:31	10.1	8:14	-1.1	8:30	-0.2	5:19	8:15	
22	Wed	2:44	10.8	3:22	10.3	9:03	-0.9	9:27	-0.2	5:20	8:14	
23	Thu	3:40	10.3	4:15	10.4	9:54	-0.6	10:26	-0.1	5:21	8:13	
24	Fri	4:39	9.8	5:10	10.3	10:48	-0.2	11:28	0.0	5:22	8:12	
25	Sat	5:41	9.3	6:07	10.2	11:44	0.3			5:23	8:11	
26	Sun	6:46	8.8	7:08	10.1	12:32	0.2	12:43	0.8	5:24	8:10	
27	Mon	7:53	8.5	8:10	10.0	1:39	0.2	1:47	1.1	5:25	8:09	
28	Tue	8:58	8.4	9:10	10.0	2:45	0.2	2:50	1.2	5:26	8:08	
29	Wed	9:56	8.5	10:05	10.1	3:44	0.1	3:47	1.2	5:27	8:07	
30	Thu	10:49	8.6	10:55	10.1	4:37	0.0	4:38	1.2	5:28	8:06	
31	Fri	11:37	8.7	11:41	10.1	5:25	0.0	5:26	1.1	5:29	8:05	