

Portland, ME - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:20	8.8	6:09	0.0	6:10	1.0	5:31	8:03	
2	Sun	12:24	10.0	1:00	8.8	6:48	0.1	6:51	1.0	5:32	8:02	
3	Mon	1:03	9.9	1:37	8.9	7:24	0.2	7:30	1.0	5:33	8:01	
4	Tue	1:41	9.6	2:12	8.9	7:58	0.3	8:08	1.1	5:34	8:00	
5	Wed	2:18	9.3	2:47	9.0	8:32	0.6	8:48	1.2	5:35	7:58	
6	Thu	2:57	9.0	3:23	8.9	9:07	0.8	9:30	1.3	5:36	7:57	
7	Fri	3:39	8.6	4:02	8.9	9:44	1.1	10:14	1.4	5:37	7:56	
8	Sat	4:24	8.2	4:44	8.9	10:25	1.4	11:02	1.5	5:38	7:54	
9	Sun	5:12	7.9	5:30	8.8	11:09	1.7	11:54	1.5	5:39	7:53	
10	Mon	6:06	7.7	6:21	8.9	11:59	1.9			5:40	7:51	
11	Tue	7:04	7.5	7:17	9.1	12:51	1.4	12:54	1.9	5:41	7:50	
12	Wed	8:07	7.7	8:17	9.4	1:53	1.2	1:54	1.8	5:43	7:49	
13	Thu	9:06	8.0	9:14	9.9	2:53	0.8	2:53	1.4	5:44	7:47	
14	Fri	9:59	8.4	10:08	10.5	3:47	0.2	3:49	0.9	5:45	7:46	
15	Sat	10:50	9.0	11:01	10.9	4:38	-0.3	4:42	0.3	5:46	7:44	
16	Sun	11:40	9.6	11:52	11.2	5:26	-0.8	5:35	-0.2	5:47	7:43	
17	Mon			12:28	10.2	6:14	-1.2	6:27	-0.6	5:48	7:41	
18	Tue	12:43	11.3	1:16	10.6	7:01	-1.3	7:19	-0.9	5:49	7:39	
19	Wed	1:35	11.2	2:04	10.8	7:49	-1.3	8:13	-0.9	5:50	7:38	
20	Thu	2:27	10.8	2:54	10.9	8:37	-0.9	9:08	-0.8	5:52	7:36	
21	Fri	3:23	10.2	3:47	10.7	9:29	-0.4	10:07	-0.5	5:53	7:35	
22	Sat	4:22	9.6	4:44	10.4	10:23	0.2	11:09	-0.1	5:54	7:33	
23	Sun	5:25	9.0	5:45	10.0	11:22	0.7			5:55	7:31	
24	Mon	6:31	8.6	6:49	9.7	12:14	0.2	12:25	1.2	5:56	7:30	
25	Tue	7:39	8.3	7:55	9.6	1:23	0.5	1:33	1.5	5:57	7:28	
26	Wed	8:44	8.3	8:57	9.6	2:30	0.5	2:38	1.5	5:58	7:26	
27	Thu	9:41	8.4	9:52	9.7	3:30	0.5	3:35	1.3	5:59	7:25	
28	Fri	10:31	8.6	10:40	9.8	4:21	0.4	4:25	1.2	6:01	7:23	
29	Sat	11:15	8.8	11:23	9.8	5:05	0.3	5:10	1.0	6:02	7:21	
30	Sun	11:54	8.9			5:44	0.3	5:50	0.9	6:03	7:19	
31	Mon	12:02	9.8	12:30	9.1	6:19	0.3	6:28	0.8	6:04	7:18	