

Portland, ME - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:35	8.5	12:32	9.6	6:22	1.4	6:59	0.4	6:17	4:31	
2	Mon	1:13	8.3	1:12	9.5	7:02	1.5	7:42	0.5	6:18	4:30	
3	Tue	1:57	8.1	1:58	9.4	7:47	1.6	8:31	0.6	6:19	4:29	
4	Wed	2:47	8.0	2:52	9.3	8:38	1.7	9:26	0.7	6:21	4:27	
5	Thu	3:44	8.1	3:52	9.3	9:37	1.7	10:24	0.6	6:22	4:26	
6	Fri	4:44	8.3	4:56	9.3	10:40	1.5	11:23	0.5	6:23	4:25	
7	Sat	5:45	8.7	6:02	9.5	11:46	1.1			6:25	4:24	
8	Sun	6:44	9.4	7:07	9.7	12:23	0.3	12:52	0.5	6:26	4:22	
9	Mon	7:40	10.1	8:07	9.9	1:21	0.0	1:53	-0.2	6:27	4:21	
10	Tue	8:31	10.7	9:03	10.2	2:15	-0.3	2:50	-0.9	6:29	4:20	
11	Wed	9:21	11.2	9:57	10.3	3:06	-0.5	3:43	-1.4	6:30	4:19	
12	Thu	10:10	11.5	10:50	10.2	3:55	-0.5	4:34	-1.6	6:31	4:18	
13	Fri	10:59	11.5	11:42	10.0	4:45	-0.4	5:26	-1.6	6:32	4:17	
14	Sat	11:49	11.3			5:35	-0.1	6:17	-1.4	6:34	4:16	
15	Sun	12:33	9.7	12:39	10.9	6:25	0.2	7:08	-0.9	6:35	4:15	
16	Mon	1:26	9.3	1:31	10.4	7:16	0.7	8:02	-0.4	6:36	4:14	
17	Tue	2:20	8.9	2:27	9.8	8:11	1.1	8:58	0.2	6:38	4:13	
18	Wed	3:18	8.5	3:26	9.3	9:10	1.5	9:56	0.6	6:39	4:12	
19	Thu	4:17	8.3	4:26	8.9	10:12	1.7	10:53	1.0	6:40	4:12	
20	Fri	5:14	8.3	5:26	8.6	11:14	1.8	11:48	1.2	6:41	4:11	
21	Sat	6:08	8.4	6:25	8.4			12:16	1.7	6:43	4:10	
22	Sun	6:59	8.6	7:20	8.3	12:41	1.3	1:13	1.5	6:44	4:09	
23	Mon	7:46	8.9	8:10	8.4	1:29	1.3	2:04	1.2	6:45	4:09	
24	Tue	8:27	9.2	8:56	8.4	2:13	1.3	2:48	0.8	6:46	4:08	
25	Wed	9:06	9.4	9:38	8.5	2:52	1.3	3:28	0.5	6:47	4:08	
26	Thu	9:42	9.6	10:19	8.5	3:29	1.3	4:06	0.3	6:49	4:07	
27	Fri	10:18	9.7	10:58	8.5	4:05	1.3	4:43	0.1	6:50	4:06	
28	Sat	10:54	9.8	11:36	8.5	4:41	1.3	5:21	0.0	6:51	4:06	
29	Sun	11:32	9.9			5:20	1.2	6:00	0.0	6:52	4:06	
30	Mon	12:15	8.5	12:12	9.9	6:00	1.2	6:41	0.0	6:53	4:05	