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# Prospect Harbor, ME - Jan 2045

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 8:00 | 12.0 | 8:48 | 10.2 | 1:51 | 0.8 | 2:45 | -0.7 | 7:08 | 4:03 | |
| 2 | Mon | 9:00 | 12.6 | 9:42 | 10.6 | 2:51 | 0.3 | 3:39 | -1.3 | 7:08 | 4:04 | |
| 3 | Tue | 9:54 | 13.0 | 10:36 | 11.0 | 3:45 | -0.1 | 4:33 | -1.8 | 7:08 | 4:05 | |
| 4 | Wed | 10:48 | 13.3 | 11:30 | 11.4 | 4:39 | -0.5 | 5:21 | -2.0 | 7:07 | 4:06 | |
| 5 | Thu | 11:42 | 13.3 | | | 5:33 | -0.7 | 6:15 | -2.0 | 7:07 | 4:07 | |
| 6 | Fri | 12:24 | 11.6 | 12:36 | 13.0 | 6:27 | -0.7 | 7:09 | -1.8 | 7:07 | 4:08 | |
| 7 | Sat | 1:12 | 11.6 | 1:30 | 12.4 | 7:21 | -0.6 | 7:57 | -1.3 | 7:07 | 4:09 | |
| 8 | Sun | 2:06 | 11.6 | 2:30 | 11.6 | 8:21 | -0.3 | 8:51 | -0.7 | 7:07 | 4:10 | |
| 9 | Mon | 3:06 | 11.4 | 3:30 | 10.9 | 9:21 | 0.0 | 9:45 | 0.0 | 7:06 | 4:11 | |
| 10 | Tue | 4:00 | 11.2 | 4:30 | 10.1 | 10:27 | 0.3 | 10:45 | 0.7 | 7:06 | 4:13 | |
| 11 | Wed | 5:00 | 11.0 | 5:36 | 9.6 | 11:33 | 0.5 | 11:45 | 1.2 | 7:06 | 4:14 | |
| 12 | Thu | 6:00 | 10.8 | 6:42 | 9.3 | | | 12:39 | 0.6 | 7:05 | 4:15 | |
| 13 | Fri | 6:54 | 10.7 | 7:42 | 9.2 | 12:45 | 1.6 | 1:39 | 0.5 | 7:05 | 4:16 | |
| 14 | Sat | 7:54 | 10.7 | 8:36 | 9.3 | 1:45 | 1.7 | 2:33 | 0.4 | 7:04 | 4:17 | |
| 15 | Sun | 8:42 | 10.8 | 9:24 | 9.4 | 2:33 | 1.6 | 3:21 | 0.3 | 7:04 | 4:19 | |
| 16 | Mon | 9:24 | 10.9 | 10:06 | 9.5 | 3:21 | 1.5 | 4:03 | 0.2 | 7:03 | 4:20 | |
| 17 | Tue | 10:06 | 11.0 | 10:42 | 9.7 | 4:03 | 1.3 | 4:45 | 0.1 | 7:03 | 4:21 | |
| 18 | Wed | 10:42 | 11.1 | 11:18 | 9.8 | 4:39 | 1.2 | 5:15 | 0.0 | 7:02 | 4:22 | |
| 19 | Thu | 11:18 | 11.1 | 11:54 | 9.9 | 5:15 | 1.1 | 5:51 | 0.0 | 7:01 | 4:24 | |
| 20 | Fri | 11:54 | 11.0 | | | 5:51 | 1.1 | 6:21 | 0.1 | 7:01 | 4:25 | |
| 21 | Sat | 12:24 | 10.0 | 12:30 | 10.8 | 6:27 | 1.0 | 6:51 | 0.2 | 7:00 | 4:26 | |
| 22 | Sun | 1:00 | 10.1 | 1:06 | 10.5 | 7:03 | 1.0 | 7:27 | 0.4 | 6:59 | 4:28 | |
| 23 | Mon | 1:30 | 10.1 | 1:42 | 10.2 | 7:45 | 1.0 | 8:03 | 0.6 | 6:58 | 4:29 | |
| 24 | Tue | 2:12 | 10.2 | 2:30 | 9.8 | 8:27 | 1.0 | 8:45 | 0.8 | 6:57 | 4:30 | |
| 25 | Wed | 2:54 | 10.3 | 3:18 | 9.4 | 9:15 | 1.0 | 9:33 | 1.1 | 6:56 | 4:32 | |
| 26 | Thu | 3:42 | 10.4 | 4:12 | 9.2 | 10:15 | 0.9 | 10:21 | 1.3 | 6:55 | 4:33 | |
| 27 | Fri | 4:30 | 10.6 | 5:12 | 9.0 | 11:15 | 0.8 | 11:21 | 1.4 | 6:54 | 4:34 | |
| 28 | Sat | 5:36 | 10.8 | 6:24 | 9.1 | | | 12:21 | 0.5 | 6:53 | 4:36 | |
| 29 | Sun | 6:42 | 11.2 | 7:30 | 9.5 | 12:27 | 1.2 | 1:27 | 0.0 | 6:52 | 4:37 | |
| 30 | Mon | 7:42 | 11.8 | 8:30 | 10.1 | 1:33 | 0.8 | 2:27 | -0.6 | 6:51 | 4:39 | |
| 31 | Tue | 8:42 | 12.4 | 9:30 | 10.7 | 2:33 | 0.2 | 3:21 | -1.3 | 6:50 | 4:40 | |