

































## Pulpit Harbor, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:30	10.6	7:04	9.4	12:08	0.7	12:52	0.5	7:10	4:07	
2	Mon	7:25	10.6	8:01	9.3	1:05	1.0	1:49	0.4	7:10	4:08	
3	Tue	8:17	10.6	8:55	9.2	1:58	1.2	2:42	0.3	7:10	4:09	
4	Wed	9:05	10.6	9:43	9.2	2:48	1.4	3:30	0.2	7:10	4:10	
5	Thu	9:49	10.6	10:27	9.2	3:34	1.4	4:14	0.2	7:10	4:11	
6	Fri	10:30	10.5	11:08	9.2	4:16	1.5	4:55	0.2	7:10	4:12	
7	Sat	11:09	10.5	11:46	9.1	4:56	1.5	5:35	0.3	7:10	4:13	
8	Sun	11:45	10.4			5:34	1.5	6:12	0.4	7:10	4:14	
9	Mon	12:23	9.1	12:19	10.2	6:11	1.6	6:48	0.5	7:09	4:15	
10	Tue	12:58	9.0	12:54	10.0	6:48	1.7	7:22	0.7	7:09	4:16	
11	Wed	1:31	9.0	1:30	9.7	7:26	1.7	7:57	0.9	7:09	4:17	
12	Thu	2:05	9.0	2:08	9.5	8:06	1.8	8:32	1.1	7:08	4:18	
13	Fri	2:42	9.1	2:51	9.2	8:50	1.8	9:12	1.3	7:08	4:20	
14	Sat	3:23	9.2	3:39	8.9	9:38	1.8	9:56	1.5	7:07	4:21	
15	Sun	4:09	9.4	4:34	8.8	10:32	1.6	10:46	1.6	7:07	4:22	
16	Mon	5:00	9.7	5:33	8.7	11:31	1.3	11:41	1.6	7:06	4:23	
17	Tue	5:56	10.1	6:37	8.9			12:33	0.8	7:06	4:24	
18	Wed	6:55	10.6	7:42	9.2	12:39	1.4	1:34	0.3	7:05	4:26	
19	Thu	7:56	11.2	8:45	9.7	1:39	1.1	2:33	-0.4	7:04	4:27	
20	Fri	8:56	11.8	9:43	10.2	2:39	0.6	3:31	-1.0	7:04	4:28	
21	Sat	9:54	12.3	10:38	10.7	3:37	0.1	4:25	-1.5	7:03	4:30	
22	Sun	10:49	12.6	11:31	11.1	4:34	-0.3	5:19	-1.8	7:02	4:31	
23	Mon	11:44	12.7			5:30	-0.6	6:11	-1.9	7:01	4:32	
24	Tue	12:24	11.4	12:39	12.5	6:26	-0.8	7:03	-1.7	7:01	4:34	
25	Wed	1:17	11.5	1:34	12.0	7:22	-0.7	7:54	-1.3	7:00	4:35	
26	Thu	2:10	11.4	2:31	11.3	8:18	-0.5	8:46	-0.7	6:59	4:36	
27	Fri	3:05	11.2	3:29	10.6	9:17	-0.1	9:39	0.0	6:58	4:38	
28	Sat	4:01	10.9	4:31	9.8	10:18	0.3	10:36	0.7	6:57	4:39	
29	Sun	4:59	10.5	5:34	9.3	11:21	0.6	11:35	1.2	6:56	4:40	
30	Mon	5:57	10.2	6:37	8.9			12:24	0.8	6:55	4:42	
31	Tue	6:55	10.0	7:37	8.7	12:35	1.6	1:23	0.9	6:54	4:43	