

































Pulpit Harbor, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:45	11.6	8:30	10.2	1:24	0.4	2:16	-0.8	7:10	4:07	
2	Wed	8:46	12.0	9:30	10.5	2:26	0.1	3:15	-1.2	7:10	4:08	
3	Thu	9:43	12.4	10:25	10.9	3:25	-0.2	4:10	-1.5	7:10	4:09	
4	Fri	10:38	12.5	11:17	11.1	4:21	-0.4	5:03	-1.7	7:10	4:10	
5	Sat	11:30	12.4			5:15	-0.5	5:54	-1.6	7:10	4:11	
6	Sun	12:08	11.1	12:21	12.1	6:07	-0.4	6:43	-1.3	7:10	4:12	
7	Mon	12:58	11.0	1:11	11.5	6:59	-0.2	7:30	-0.9	7:10	4:13	
8	Tue	1:47	10.8	2:01	10.9	7:50	0.2	8:17	-0.3	7:09	4:14	
9	Wed	2:35	10.4	2:51	10.2	8:40	0.6	9:03	0.4	7:09	4:15	
10	Thu	3:24	10.1	3:43	9.5	9:33	1.0	9:51	1.0	7:09	4:16	
11	Fri	4:14	9.7	4:38	8.9	10:28	1.4	10:41	1.5	7:09	4:18	
12	Sat	5:05	9.5	5:35	8.5	11:24	1.6	11:33	1.9	7:08	4:19	
13	Sun	5:56	9.4	6:31	8.3			12:21	1.6	7:08	4:20	
14	Mon	6:48	9.4	7:26	8.3	12:26	2.1	1:14	1.5	7:07	4:21	
15	Tue	7:38	9.6	8:17	8.5	1:17	2.1	2:05	1.2	7:07	4:22	
16	Wed	8:25	9.9	9:04	8.7	2:05	1.9	2:51	0.9	7:06	4:24	
17	Thu	9:09	10.2	9:46	9.1	2:51	1.7	3:34	0.6	7:06	4:25	
18	Fri	9:49	10.5	10:25	9.4	3:34	1.4	4:14	0.2	7:05	4:26	
19	Sat	10:27	10.8	11:01	9.7	4:15	1.1	4:52	-0.1	7:04	4:27	
20	Sun	11:04	11.0	11:37	10.1	4:55	0.8	5:29	-0.3	7:04	4:29	
21	Mon	11:43	11.1			5:36	0.5	6:07	-0.4	7:03	4:30	
22	Tue	12:14	10.3	12:24	11.1	6:18	0.3	6:46	-0.4	7:02	4:31	
23	Wed	12:54	10.6	1:08	10.9	7:03	0.2	7:27	-0.3	7:01	4:33	
24	Thu	1:37	10.8	1:55	10.6	7:51	0.1	8:12	-0.1	7:00	4:34	
25	Fri	2:23	10.9	2:47	10.3	8:42	0.1	9:01	0.2	6:59	4:35	
26	Sat	3:15	10.9	3:46	9.9	9:40	0.2	9:56	0.5	6:59	4:37	
27	Sun	4:14	10.9	4:52	9.6	10:45	0.2	10:58	0.7	6:58	4:38	
28	Mon	5:19	10.9	6:04	9.4	11:53	0.2			6:57	4:39	
29	Tue	6:28	11.0	7:16	9.6	12:05	0.8	1:02	-0.1	6:56	4:41	
30	Wed	7:36	11.3	8:21	9.9	1:13	0.7	2:06	-0.4	6:54	4:42	
31	Thu	8:39	11.6	9:20	10.3	2:18	0.4	3:05	-0.8	6:53	4:44	