





























Pulpit Harbor, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:08	9.7	2:33	9.0	8:26	1.1	8:35	1.7	6:12	5:23	
2	Mon	2:43	9.4	3:14	8.5	9:09	1.5	9:14	2.2	6:10	5:24	
3	Tue	3:25	9.2	4:03	8.1	9:58	1.8	10:01	2.5	6:08	5:26	
4	Wed	4:14	9.0	5:02	7.8	10:55	2.0	10:57	2.7	6:06	5:27	
5	Thu	5:12	8.9	6:07	7.8	11:57	1.9	11:59	2.7	6:05	5:28	
6	Fri	6:14	9.1	7:09	8.0			12:57	1.7	6:03	5:29	
7	Sat	7:16	9.5	8:05	8.5	12:59	2.4	1:52	1.2	6:01	5:31	
8	Sun	9:12	10.0	9:53	9.2	1:56	1.8	3:41	0.6	6:59	6:32	
9	Mon	10:02	10.6	10:37	9.9	3:48	1.2	4:26	0.0	6:58	6:33	
10	Tue	10:49	11.2	11:19	10.7	4:36	0.4	5:09	-0.5	6:56	6:35	
11	Wed	11:35	11.6			5:24	-0.3	5:52	-0.8	6:54	6:36	
12	Thu	12:01	11.3	12:21	11.8	6:11	-0.9	6:35	-1.0	6:52	6:37	
13	Fri	12:44	11.8	1:09	11.7	6:59	-1.2	7:20	-0.9	6:51	6:38	
14	Sat	1:29	12.0	1:59	11.4	7:49	-1.3	8:06	-0.6	6:49	6:40	
15	Sun	2:17	12.0	2:52	10.9	8:41	-1.2	8:56	-0.2	6:47	6:41	
16	Mon	3:09	11.7	3:49	10.2	9:37	-0.8	9:50	0.4	6:45	6:42	
17	Tue	4:07	11.3	4:54	9.6	10:39	-0.3	10:52	1.0	6:43	6:43	
18	Wed	5:12	10.8	6:06	9.2	11:48	0.2			6:41	6:45	
19	Thu	6:25	10.5	7:18	9.1	12:03	1.4	1:00	0.4	6:40	6:46	
20	Fri	7:37	10.3	8:25	9.3	1:16	1.5	2:07	0.4	6:38	6:47	
21	Sat	8:43	10.4	9:23	9.6	2:24	1.3	3:08	0.3	6:36	6:48	
22	Sun	9:41	10.6	10:15	9.9	3:25	1.0	4:01	0.1	6:34	6:50	
23	Mon	10:32	10.7	11:00	10.2	4:17	0.7	4:47	0.1	6:32	6:51	
24	Tue	11:17	10.7	11:40	10.4	5:04	0.4	5:29	0.1	6:30	6:52	
25	Wed	11:58	10.6			5:46	0.2	6:06	0.2	6:29	6:53	
26	Thu	12:17	10.5	12:37	10.4	6:25	0.2	6:42	0.5	6:27	6:55	
27	Fri	12:51	10.4	1:13	10.1	7:02	0.2	7:15	0.8	6:25	6:56	
28	Sat	1:22	10.3	1:48	9.7	7:38	0.4	7:47	1.2	6:23	6:57	
29	Sun	1:53	10.1	2:22	9.3	8:14	0.6	8:20	1.6	6:21	6:58	
30	Mon	2:24	9.8	2:57	8.8	8:51	0.9	8:55	1.9	6:19	6:59	
31	Tue	3:00	9.5	3:36	8.4	9:31	1.3	9:34	2.3	6:18	7:01	