

































Pulpit Harbor, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:32	10.9	6:09	9.6	11:57	0.2			7:10	4:07	
2	Tue	6:33	10.9	7:14	9.5	12:11	0.7	1:01	0.1	7:10	4:08	
3	Wed	7:33	11.0	8:15	9.5	1:11	0.9	2:02	0.0	7:10	4:09	
4	Thu	8:30	11.0	9:11	9.5	2:10	1.0	2:57	-0.2	7:10	4:10	
5	Fri	9:22	11.1	10:02	9.6	3:04	1.0	3:48	-0.3	7:10	4:11	
6	Sat	10:10	11.1	10:48	9.6	3:54	1.0	4:35	-0.3	7:10	4:12	
7	Sun	10:55	11.0	11:31	9.6	4:40	1.0	5:19	-0.2	7:10	4:13	
8	Mon	11:36	10.8			5:23	1.0	6:00	-0.1	7:09	4:14	
9	Tue	12:12	9.6	12:15	10.6	6:05	1.1	6:38	0.2	7:09	4:15	
10	Wed	12:51	9.5	12:53	10.2	6:44	1.3	7:15	0.4	7:09	4:17	
11	Thu	1:27	9.4	1:29	9.9	7:23	1.4	7:49	0.8	7:08	4:18	
12	Fri	2:01	9.3	2:05	9.4	8:02	1.6	8:24	1.1	7:08	4:19	
13	Sat	2:35	9.2	2:45	9.0	8:43	1.7	9:00	1.5	7:08	4:20	
14	Sun	3:12	9.2	3:28	8.7	9:28	1.8	9:41	1.8	7:07	4:21	
15	Mon	3:54	9.2	4:18	8.4	10:19	1.9	10:27	2.0	7:07	4:22	
16	Tue	4:42	9.2	5:14	8.2	11:14	1.8	11:19	2.1	7:06	4:24	
17	Wed	5:34	9.4	6:15	8.3			12:13	1.5	7:05	4:25	
18	Thu	6:30	9.8	7:17	8.5	12:14	2.0	1:11	1.1	7:05	4:26	
19	Fri	7:28	10.3	8:17	8.9	1:11	1.8	2:07	0.5	7:04	4:28	
20	Sat	8:25	10.9	9:11	9.5	2:08	1.3	3:01	-0.1	7:03	4:29	
21	Sun	9:20	11.5	10:02	10.1	3:03	0.8	3:51	-0.7	7:03	4:30	
22	Mon	10:12	12.0	10:51	10.7	3:57	0.2	4:40	-1.2	7:02	4:31	
23	Tue	11:03	12.4	11:40	11.2	4:49	-0.3	5:29	-1.6	7:01	4:33	
24	Wed	11:54	12.4			5:42	-0.7	6:18	-1.7	7:00	4:34	
25	Thu	12:29	11.6	12:47	12.2	6:36	-0.9	7:06	-1.5	6:59	4:35	
26	Fri	1:20	11.7	1:40	11.8	7:30	-0.9	7:56	-1.2	6:58	4:37	
27	Sat	2:12	11.7	2:37	11.1	8:26	-0.7	8:48	-0.6	6:57	4:38	
28	Sun	3:07	11.5	3:38	10.4	9:26	-0.4	9:44	0.1	6:56	4:40	
29	Mon	4:06	11.2	4:43	9.7	10:30	0.0	10:45	0.7	6:55	4:41	
30	Tue	5:09	10.8	5:51	9.3	11:37	0.3	11:50	1.2	6:54	4:42	
31	Wed	6:13	10.6	6:58	9.1			12:43	0.4	6:53	4:44	