US HARBORS www.USHarbors.com

Rockland, ME - Aug 1703

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:28	11.6	2:06	10.7	7:46	-0.9	8:05	0.1	4:26	7:05	
2	Thu	2:21	11.0	2:57	10.4	8:36	-0.4	9:00	0.5	4:27	7:04	
3	Fri	3:15	10.3	3:49	10.2	9:26	0.2	9:55	0.8	4:29	7:03	
4	Sat	4:12	9.7	4:42	10.0	10:17	0.8	10:52	1.0	4:30	7:01	
5	Sun	5:10	9.2	5:36	9.8	11:09	1.2	11:50	1.1	4:31	7:00	
6	Mon	6:08	8.9	6:29	9.7			12:03	1.6	4:32	6:59	
7	Tue	7:04	8.8	7:21	9.8	12:47	1.1	12:56	1.7	4:33	6:57	
8	Wed	7:58	8.8	8:10	9.9	1:40	1.0	1:47	1.8	4:34	6:56	
9	Thu	8:47	8.9	8:56	10.0	2:30	0.9	2:34	1.7	4:35	6:55	
10	Fri	9:32	9.0	9:38	10.2	3:15	0.6	3:18	1.5	4:36	6:53	
11	Sat	10:14	9.2	10:16	10.4	3:57	0.4	3:59	1.4	4:38	6:52	
12	Sun	10:51	9.3	10:51	10.5	4:36	0.3	4:38	1.2	4:39	6:50	
13	Mon	11:26	9.5	11:25	10.6	5:13	0.1	5:16	1.0	4:40	6:49	
14	Tue	11:58	9.7			5:49	0.0	5:55	0.8	4:41	6:47	
15	Wed	12:01	10.7	12:32	9.9	6:25	0.0	6:35	0.7	4:42	6:46	
16	Thu	12:40	10.6	1:09	10.1	7:03	0.0	7:19	0.5	4:43	6:44	
17	Fri	1:23	10.5	1:52	10.3	7:44	0.0	8:07	0.4	4:44	6:43	
18	Sat	2:11	10.3	2:39	10.5	8:30	0.2	8:59	0.3	4:46	6:41	
19	Sun	3:04	10.1	3:31	10.6	9:20	0.4	9:58	0.2	4:47	6:40	
20	Mon	4:04	9.8	4:30	10.7	10:16	0.6	11:01	0.1	4:48	6:38	
21	Tue	5:11	9.6	5:35	10.9	11:18	0.7			4:49	6:36	
22	Wed	6:23	9.6	6:42	11.1	12:08	-0.1	12:22	0.7	4:50	6:35	
23	Thu	7:32	9.9	7:48	11.5	1:13	-0.4	1:27	0.5	4:51	6:33	
24	Fri	8:35	10.2	8:49	11.8	2:16	-0.8	2:28	0.2	4:53	6:31	
25	Sat	9:32	10.5	9:46	12.1	3:14	-1.1	3:26	-0.1	4:54	6:30	
26	Sun	10:25	10.8	10:39	12.1	4:07	-1.3	4:20	-0.4	4:55	6:28	
27	Mon	11:15	11.0	11:30	12.0	4:58	-1.4	5:12	-0.5	4:56	6:26	
28	Tue			12:02	11.0	5:46	-1.2	6:01	-0.4	4:57	6:25	
29	Wed	12:18	11.6	12:48	10.9	6:31	-0.9	6:50	-0.2	4:58	6:23	
30	Thu	1:06	11.1	1:33	10.7	7:16	-0.4	7:38	0.1	5:00	6:21	
31	Fri	1:53	10.5	2:18	10.3	8:00	0.2	8:26	0.4	5:01	6:19	