US HARBORS www.USHarbors.com

Rockland, ME - Mar 1704

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**6:00**	10.7	**6:55**	9.5			**12:37**	0.0	6:17	5:29	
2	Sun	**7:11**	11.1	**8:03**	9.8	**12:51**	0.9	**1:43**	-0.4	6:15	5:30	
3	Mon	**8:17**	11.5	**9:03**	10.3	**1:56**	0.5	**2:44**	-0.9	6:13	5:31	
4	Tue	**9:17**	11.9	**9:57**	10.8	**2:57**	0.1	**3:40**	-1.3	6:11	5:32	
5	Wed	**10:13**	12.2	**10:48**	11.2	**3:54**	-0.4	**4:32**	-1.5	6:10	5:34	
6	Thu	**11:05**	12.2	**11:37**	11.4	**4:47**	-0.7	**5:21**	-1.5	6:08	5:35	
7	Fri	**11:55**	12.0			**5:38**	-0.8	**6:07**	-1.2	6:06	5:36	
8	Sat	**12:23**	11.4	**12:44**	11.6	**6:28**	-0.8	**6:53**	-0.8	6:04	5:38	
9	Sun	**1:09**	11.3	**1:32**	11.0	**7:16**	-0.5	**7:38**	-0.2	6:03	5:39	
10	Mon	**1:54**	10.9	**2:22**	10.3	**8:05**	-0.2	**8:24**	0.4	6:01	5:40	
11	Tue	**2:41**	10.5	**3:13**	9.6	**8:56**	0.3	**9:11**	1.1	5:59	5:41	
12	Wed	**3:30**	10.1	**4:09**	9.1	**9:49**	0.7	**10:02**	1.6	5:57	5:43	
13	Thu	**4:23**	9.7	**5:08**	8.7	**10:45**	1.1	**10:58**	2.0	5:55	5:44	
14	Fri	**5:21**	9.4	**6:08**	8.5	**11:44**	1.3	**11:57**	2.2	5:54	5:45	
15	Sat	**6:21**	9.3	**7:06**	8.5			**12:43**	1.3	5:52	5:46	
16	Sun	**7:17**	9.4	**7:58**	8.6	**12:54**	2.2	**1:38**	1.2	5:50	5:48	
17	Mon	**8:09**	9.6	**8:46**	8.9	**1:48**	2.0	**2:28**	1.0	5:48	5:49	
18	Tue	**8:55**	9.9	**9:29**	9.2	**2:36**	1.7	**3:11**	0.7	5:46	5:50	
19	Wed	**9:37**	10.1	**10:06**	9.5	**3:20**	1.3	**3:51**	0.5	5:44	5:51	
20	Thu	**10:15**	10.3	**10:40**	9.8	**4:00**	1.0	**4:27**	0.3	5:43	5:52	
21	Fri	**10:50**	10.5	**11:11**	10.1	**4:38**	0.6	**5:02**	0.2	5:41	5:54	
22	Sat	**11:25**	10.5	**11:43**	10.4	**5:16**	0.3	**5:37**	0.1	5:39	5:55	
23	Sun			**12:02**	10.5	**5:55**	0.1	**6:14**	0.2	5:37	5:56	
24	Mon	**12:19**	10.7	**12:42**	10.4	**6:36**	-0.1	**6:53**	0.3	5:35	5:57	
25	Tue	**12:58**	10.8	**1:28**	10.2	**7:21**	-0.2	**7:36**	0.5	5:33	5:58	
26	Wed	**1:43**	10.9	**2:18**	10.0	**8:11**	-0.2	**8:25**	0.7	5:32	6:00	
27	Thu	**2:34**	10.8	**3:15**	9.7	**9:06**	-0.1	**9:21**	1.0	5:30	6:01	
28	Fri	**3:31**	10.7	**4:21**	9.4	**10:08**	0.0	**10:24**	1.2	5:28	6:02	
29	Sat	**4:37**	10.6	**5:35**	9.4	**11:15**	0.0	**11:33**	1.2	5:26	6:03	
30	Sun	**5:50**	10.7	**6:47**	9.7			**12:24**	-0.2	5:24	6:05	
31	Mon	**7:02**	10.9	**7:51**	10.1	**12:42**	0.9	**1:29**	-0.4	5:22	6:06	