US HARBORS www.USHarbors.com

Rockland, ME - Jun 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:59	8.9	5:43	8.9	11:20	1.4	11:47	2.0	3:59	7:15	
2	Sun	5:55	8.9	6:29	9.2			12:07	1.4	3:58	7:16	
3	Mon	6:49	8.9	7:13	9.6	12:40	1.6	12:54	1.4	3:58	7:17	
4	Tue	7:41	8.9	7:55	10.0	1:31	1.2	1:39	1.4	3:57	7:18	
5	Wed	8:30	9.1	8:37	10.4	2:19	0.7	2:24	1.3	3:57	7:18	
6	Thu	9:17	9.3	9:20	10.8	3:06	0.2	3:09	1.2	3:57	7:19	
7	Fri	10:04	9.5	10:05	11.2	3:52	-0.2	3:54	1.0	3:56	7:20	
8	Sat	10:50	9.7	10:51	11.5	4:39	-0.6	4:41	0.9	3:56	7:21	
9	Sun	11:39	9.8	11:40	11.7	5:27	-0.9	5:30	0.7	3:56	7:21	
10	Mon			12:29	10.0	6:16	-1.1	6:22	0.6	3:56	7:22	
11	Tue	12:32	11.7	1:22	10.1	7:08	-1.1	7:16	0.6	3:55	7:22	
12	Wed	1:27	11.6	2:18	10.2	8:01	-1.0	8:15	0.5	3:55	7:23	
13	Thu	2:26	11.3	3:16	10.3	8:56	-0.8	9:17	0.5	3:55	7:23	
14	Fri	3:28	11.0	4:16	10.5	9:53	-0.6	10:21	0.4	3:55	7:24	
15	Sat	4:34	10.6	5:16	10.7	10:51	-0.3	11:27	0.3	3:55	7:24	
16	Sun	5:41	10.3	6:15	10.9	11:50	0.0			3:55	7:25	
17	Mon	6:46	10.0	7:12	11.1	12:31	0.1	12:47	0.3	3:55	7:25	
18	Tue	7:47	9.8	8:06	11.2	1:32	-0.1	1:43	0.5	3:55	7:25	
19	Wed	8:44	9.7	8:58	11.2	2:29	-0.3	2:37	0.8	3:55	7:26	
20	Thu	9:38	9.6	9:46	11.1	3:22	-0.4	3:27	1.0	3:56	7:26	
21	Fri	10:28	9.5	10:32	11.0	4:12	-0.4	4:14	1.1	3:56	7:26	
22	Sat	11:14	9.4	11:16	10.8	4:58	-0.3	4:59	1.3	3:56	7:26	
23	Sun	11:58	9.2	11:56	10.5	5:41	-0.1	5:41	1.5	3:56	7:27	
24	Mon			12:39	9.1	6:22	0.1	6:21	1.7	3:57	7:27	
25	Tue	12:35	10.3	1:19	8.9	7:01	0.3	7:02	1.8	3:57	7:27	
26	Wed	1:12	10.0	1:57	8.9	7:40	0.6	7:44	1.9	3:57	7:27	
27	Thu	1:50	9.8	2:35	8.8	8:19	0.8	8:28	2.0	3:58	7:27	
28	Fri	2:31	9.5	3:15	8.9	8:59	1.0	9:15	2.0	3:58	7:27	
29	Sat	3:16	9.2	3:57	9.0	9:41	1.2	10:05	1.9	3:59	7:27	
30	Sun	4:05	8.9	4:41	9.2	10:26	1.4	10:58	1.8	3:59	7:27	