US HARBORS www.USHarbors.com

Rockland, ME - Jan 1710

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:41	10.9			5:25	1.1	6:05	-0.2	7:16	4:13	
2	Thu	12:22	9.4	12:22	10.6	6:07	1.3	6:45	0.0	7:16	4:13	
3	Fri	1:02	9.3	1:01	10.3	6:48	1.4	7:24	0.3	7:16	4:14	
4	Sat	1:41	9.2	1:39	9.9	7:29	1.6	8:02	0.6	7:16	4:15	
5	Sun	2:19	9.1	2:18	9.6	8:12	1.7	8:41	0.9	7:16	4:16	
6	Mon	2:57	9.1	3:01	9.2	8:58	1.8	9:22	1.3	7:16	4:17	
7	Tue	3:38	9.1	3:49	8.8	9:47	1.8	10:06	1.5	7:15	4:18	
8	Wed	4:22	9.1	4:43	8.5	10:40	1.8	10:53	1.8	7:15	4:19	
9	Thu	5:10	9.2	5:42	8.4	11:36	1.7	11:44	1.9	7:15	4:21	
10	Fri	6:01	9.4	6:42	8.4			12:33	1.4	7:15	4:22	
11	Sat	6:54	9.7	7:41	8.5	12:37	1.9	1:28	1.0	7:14	4:23	
12	Sun	7:46	10.1	8:34	8.8	1:30	1.8	2:21	0.5	7:14	4:24	
13	Mon	8:37	10.6	9:24	9.2	2:21	1.5	3:11	0.0	7:13	4:25	
14	Tue	9:26	11.1	10:12	9.6	3:12	1.1	3:59	-0.5	7:13	4:26	
15	Wed	10:14	11.6	10:59	10.1	4:01	0.7	4:46	-1.0	7:12	4:28	
16	Thu	11:03	12.0	11:45	10.5	4:51	0.3	5:33	-1.3	7:12	4:29	
17	Fri	11:53	12.1			5:41	-0.1	6:20	-1.4	7:11	4:30	
18	Sat	12:33	10.8	12:43	12.0	6:33	-0.3	7:08	-1.4	7:11	4:31	
19	Sun	1:22	11.1	1:37	11.7	7:26	-0.4	7:58	-1.1	7:10	4:33	
20	Mon	2:14	11.2	2:33	11.2	8:23	-0.4	8:50	-0.7	7:09	4:34	
21	Tue	3:08	11.2	3:34	10.6	9:23	-0.3	9:45	-0.2	7:09	4:35	
22	Wed	4:07	11.1	4:40	10.0	10:26	-0.1	10:43	0.4	7:08	4:36	
23	Thu	5:09	11.0	5:50	9.5	11:33	0.1	11:46	0.8	7:07	4:38	
24	Fri	6:13	10.9	6:57	9.3			12:39	0.1	7:06	4:39	
25	Sat	7:15	10.8	8:00	9.2	12:49	1.1	1:43	0.1	7:05	4:40	
26	Sun	8:14	10.9	8:57	9.3	1:51	1.2	2:42	0.0	7:04	4:42	
27	Mon	9:09	10.9	9:49	9.4	2:48	1.2	3:35	-0.1	7:03	4:43	
28	Tue	9:58	10.9	10:36	9.4	3:39	1.2	4:22	-0.1	7:02	4:45	
29	Wed	10:43	10.8	11:18	9.5	4:25	1.1	5:04	0.0	7:01	4:46	
30	Thu	11:23	10.7	11:57	9.5	5:07	1.1	5:42	0.1	7:00	4:47	
31	Fri			12:00	10.4	5:46	1.2	6:17	0.3	6:59	4:49	