US HARBORS www.USHarbors.com

Rockland, ME - Jul 1710

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:22	11.2	2:06	10.3	7:52	-0.7	8:09	0.5	3:59	7:27	
2	Wed	2:16	11.0	2:58	10.5	8:42	-0.6	9:07	0.3	4:00	7:26	
3	Thu	3:14	10.7	3:54	10.7	9:35	-0.3	10:08	0.2	4:01	7:26	
4	Fri	4:17	10.3	4:53	10.9	10:31	0.0	11:13	0.1	4:01	7:26	
5	Sat	5:24	10.0	5:54	11.1	11:30	0.2			4:02	7:26	
6	Sun	6:33	9.8	6:55	11.3	12:18	-0.1	12:30	0.5	4:02	7:25	
7	Mon	7:38	9.7	7:54	11.4	1:21	-0.3	1:30	0.6	4:03	7:25	
8	Tue	8:39	9.7	8:51	11.5	2:22	-0.5	2:29	0.7	4:04	7:25	
9	Wed	9:36	9.7	9:45	11.5	3:19	-0.7	3:24	0.7	4:05	7:24	
10	Thu	10:28	9.8	10:35	11.4	4:12	-0.7	4:16	0.8	4:05	7:24	
11	Fri	11:17	9.8	11:23	11.2	5:01	-0.7	5:05	0.9	4:06	7:23	
12	Sat			12:03	9.7	5:46	-0.5	5:51	1.0	4:07	7:23	
13	Sun	12:07	11.0	12:46	9.6	6:29	-0.2	6:35	1.1	4:08	7:22	
14	Mon	12:49	10.6	1:28	9.5	7:10	0.1	7:18	1.3	4:09	7:21	
15	Tue	1:30	10.2	2:07	9.4	7:49	0.4	8:01	1.4	4:10	7:21	
16	Wed	2:10	9.7	2:46	9.3	8:28	0.8	8:46	1.6	4:10	7:20	
17	Thu	2:53	9.3	3:26	9.2	9:09	1.1	9:34	1.7	4:11	7:19	
18	Fri	3:39	8.9	4:09	9.2	9:52	1.5	10:25	1.7	4:12	7:19	
19	Sat	4:31	8.6	4:56	9.2	10:38	1.8	11:20	1.7	4:13	7:18	
20	Sun	5:28	8.3	5:46	9.3	11:28	2.0			4:14	7:17	
21	Mon	6:28	8.3	6:39	9.5	12:16	1.5	12:20	2.1	4:15	7:16	
22	Tue	7:25	8.3	7:31	9.8	1:11	1.3	1:13	2.0	4:16	7:15	
23	Wed	8:19	8.5	8:21	10.2	2:04	0.9	2:04	1.8	4:17	7:14	
24	Thu	9:08	8.9	9:09	10.7	2:54	0.5	2:54	1.5	4:18	7:13	
25	Fri	9:54	9.2	9:55	11.1	3:41	0.0	3:42	1.1	4:19	7:12	
26	Sat	10:38	9.7	10:42	11.5	4:26	-0.4	4:29	0.7	4:20	7:11	
27	Sun	11:22	10.1	11:29	11.7	5:11	-0.8	5:17	0.3	4:21	7:10	
28	Mon			12:07	10.5	5:56	-1.0	6:07	-0.1	4:22	7:09	
29	Tue	12:17	11.7	12:53	10.9	6:42	-1.1	6:58	-0.3	4:23	7:08	
30	Wed	1:08	11.6	1:42	11.1	7:29	-1.0	7:53	-0.4	4:24	7:07	
31	Thu	2:02	11.2	2:34	11.2	8:19	-0.7	8:50	-0.4	4:26	7:06	