US HARBORS www.USHarbors.com

Rockland, ME - Jul 1711

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:30	10.5	11:38	12.1	5:13	-1.5	5:20	0.1	3:59	7:27	
2	Thu			12:22	10.5	6:04	-1.4	6:13	0.2	4:00	7:26	
3	Fri	12:30	11.8	1:13	10.4	6:54	-1.1	7:06	0.4	4:00	7:26	
4	Sat	1:22	11.3	2:03	10.2	7:43	-0.7	7:58	0.6	4:01	7:26	
5	Sun	2:13	10.8	2:52	10.1	8:31	-0.2	8:51	0.9	4:02	7:26	
6	Mon	3:05	10.1	3:42	9.9	9:18	0.3	9:45	1.1	4:02	7:25	
7	Tue	3:58	9.6	4:32	9.7	10:06	0.9	10:40	1.3	4:03	7:25	
8	Wed	4:54	9.1	5:22	9.6	10:56	1.3	11:36	1.4	4:04	7:25	
9	Thu	5:51	8.7	6:13	9.6	11:46	1.6			4:04	7:24	
10	Fri	6:47	8.5	7:03	9.6	12:31	1.3	12:37	1.9	4:05	7:24	
11	Sat	7:41	8.5	7:52	9.8	1:25	1.2	1:28	1.9	4:06	7:23	
12	Sun	8:32	8.5	8:38	9.9	2:15	1.0	2:16	1.9	4:07	7:23	
13	Mon	9:19	8.7	9:20	10.1	3:02	0.8	3:01	1.8	4:08	7:22	
14	Tue	10:02	8.8	10:00	10.3	3:46	0.6	3:44	1.7	4:08	7:22	
15	Wed	10:42	9.0	10:37	10.5	4:26	0.3	4:24	1.5	4:09	7:21	
16	Thu	11:18	9.2	11:14	10.7	5:05	0.1	5:05	1.3	4:10	7:20	
17	Fri	11:54	9.5	11:53	10.8	5:43	-0.1	5:45	1.0	4:11	7:20	
18	Sat			12:30	9.7	6:21	-0.2	6:28	0.8	4:12	7:19	
19	Sun	12:34	10.8	1:10	10.0	7:01	-0.3	7:14	0.6	4:13	7:18	
20	Mon	1:18	10.7	1:53	10.3	7:43	-0.2	8:03	0.5	4:14	7:17	
21	Tue	2:07	10.5	2:40	10.5	8:28	-0.1	8:57	0.3	4:15	7:16	
22	Wed	3:01	10.2	3:32	10.7	9:18	0.1	9:56	0.2	4:16	7:16	
23	Thu	4:01	9.9	4:30	10.9	10:13	0.4	10:59	0.1	4:17	7:15	
24	Fri	5:08	9.6	5:33	11.0	11:13	0.6			4:18	7:14	
25	Sat	6:19	9.5	6:39	11.2	12:05	-0.1	12:16	0.7	4:19	7:13	
26	Sun	7:28	9.6	7:44	11.5	1:11	-0.3	1:20	0.7	4:20	7:12	
27	Mon	8:32	9.8	8:45	11.7	2:14	-0.6	2:22	0.6	4:21	7:11	
28	Tue	9:30	10.0	9:42	11.9	3:13	-0.9	3:21	0.4	4:22	7:10	
29	Wed	10:24	10.3	10:35	11.9	4:07	-1.1	4:15	0.2	4:23	7:08	
30	Thu	11:14	10.4	11:25	11.7	4:58	-1.1	5:07	0.1	4:24	7:07	
31	Fri			12:01	10.5	5:45	-1.0	5:56	0.2	4:25	7:06	