US HARBORS www.USHarbors.com

Rockland, ME - Jan 1715

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:21	9.8	7:57	8.7	12:56	1.7	1:41	1.1	7:16	4:12	
2	Wed	8:07	10.0	8:45	8.9	1:45	1.6	2:29	0.7	7:16	4:13	
3	Thu	8:50	10.4	9:30	9.2	2:32	1.4	3:15	0.3	7:16	4:14	
4	Fri	9:31	10.7	10:11	9.5	3:16	1.2	3:58	-0.1	7:16	4:15	
5	Sat	10:12	11.1	10:51	9.8	4:00	0.9	4:40	-0.5	7:16	4:16	
6	Sun	10:53	11.4	11:32	10.2	4:43	0.6	5:22	-0.8	7:16	4:17	
7	Mon	11:36	11.6			5:28	0.3	6:05	-1.0	7:15	4:18	
8	Tue	12:14	10.5	12:22	11.6	6:15	0.1	6:49	-1.1	7:15	4:19	
9	Wed	12:59	10.7	1:11	11.5	7:04	-0.1	7:36	-1.0	7:15	4:20	
10	Thu	1:48	10.9	2:03	11.3	7:57	-0.1	8:26	-0.8	7:15	4:21	
11	Fri	2:41	11.0	3:01	10.9	8:54	-0.1	9:20	-0.5	7:14	4:23	
12	Sat	3:38	11.1	4:05	10.4	9:56	-0.1	10:18	-0.2	7:14	4:24	
13	Sun	4:40	11.1	5:14	10.1	11:01	-0.1	11:20	0.1	7:14	4:25	
14	Mon	5:45	11.2	6:25	9.9			12:08	-0.2	7:13	4:26	
15	Tue	6:51	11.3	7:32	9.9	12:23	0.3	1:14	-0.4	7:13	4:27	
16	Wed	7:52	11.5	8:33	10.0	1:26	0.4	2:15	-0.6	7:12	4:29	
17	Thu	8:49	11.6	9:29	10.2	2:26	0.4	3:12	-0.7	7:11	4:30	
18	Fri	9:43	11.6	10:20	10.3	3:22	0.3	4:04	-0.8	7:11	4:31	
19	Sat	10:32	11.6	11:08	10.3	4:13	0.3	4:51	-0.8	7:10	4:32	
20	Sun	11:18	11.4	11:52	10.2	5:00	0.3	5:35	-0.7	7:09	4:34	
21	Mon			12:01	11.1	5:44	0.5	6:16	-0.4	7:09	4:35	
22	Tue	12:34	10.1	12:41	10.7	6:26	0.6	6:55	-0.1	7:08	4:36	
23	Wed	1:13	10.0	1:19	10.3	7:07	0.8	7:33	0.3	7:07	4:38	
24	Thu	1:50	9.8	1:57	9.9	7:48	1.0	8:11	0.6	7:06	4:39	
25	Fri	2:27	9.6	2:37	9.4	8:32	1.2	8:51	1.0	7:05	4:40	
26	Sat	3:06	9.5	3:21	9.0	9:18	1.4	9:34	1.4	7:05	4:42	
27	Sun	3:49	9.4	4:12	8.7	10:09	1.5	10:22	1.6	7:04	4:43	
28	Mon	4:38	9.3	5:09	8.5	11:03	1.6	11:13	1.8	7:03	4:44	
29	Tue	5:31	9.4	6:11	8.4			12:00	1.5	7:02	4:46	
30	Wed	6:27	9.6	7:11	8.6	12:08	1.9	12:57	1.2	7:01	4:47	
31	Thu	7:21	9.9	8:05	8.8	1:02	1.7	1:50	0.8	7:00	4:48	