US HARBORS www.USHarbors.com

Rockland, ME - Jan 1722

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:09	10.7	10:45	9.3	3:50	1.2	4:29	0.1	7:16	4:13	
2	Fri	10:48	10.6	11:25	9.2	4:30	1.3	5:08	0.1	7:16	4:13	
3	Sat	11:23	10.4			5:08	1.4	5:45	0.2	7:16	4:14	
4	Sun	12:02	9.1	11:56 AM	10.3	5:45	1.5	6:21	0.3	7:16	4:15	
5	Mon	12:37	9.0	12:28	10.2	6:21	1.6	6:57	0.4	7:16	4:16	
6	Tue	1:10	9.0	1:02	10.0	6:59	1.7	7:34	0.5	7:15	4:17	
7	Wed	1:43	9.0	1:40	9.9	7:39	1.7	8:12	0.7	7:15	4:18	
8	Thu	2:20	9.0	2:23	9.7	8:22	1.7	8:53	0.8	7:15	4:20	
9	Fri	3:02	9.1	3:10	9.5	9:10	1.7	9:38	0.9	7:15	4:21	
10	Sat	3:48	9.3	4:03	9.3	10:03	1.6	10:26	1.0	7:15	4:22	
11	Sun	4:39	9.6	5:01	9.2	11:00	1.3	11:19	1.0	7:14	4:23	
12	Mon	5:33	10.0	6:03	9.3			12:00	0.9	7:14	4:24	
13	Tue	6:29	10.4	7:08	9.5	12:15	1.0	1:00	0.4	7:13	4:25	
14	Wed	7:27	11.0	8:11	9.8	1:12	0.8	1:59	-0.3	7:13	4:26	
15	Thu	8:24	11.5	9:10	10.2	2:09	0.5	2:56	-0.9	7:12	4:28	
16	Fri	9:21	12.1	10:07	10.6	3:05	0.2	3:52	-1.5	7:12	4:29	
17	Sat	10:16	12.5	11:01	10.9	4:00	-0.2	4:46	-1.8	7:11	4:30	
18	Sun	11:10	12.7	11:55	11.1	4:55	-0.5	5:38	-2.0	7:11	4:31	
19	Mon			12:05	12.7	5:50	-0.6	6:31	-2.0	7:10	4:33	
20	Tue	12:48	11.2	1:00	12.4	6:45	-0.6	7:23	-1.7	7:09	4:34	
21	Wed	1:42	11.2	1:56	11.9	7:41	-0.5	8:16	-1.3	7:09	4:35	
22	Thu	2:37	11.1	2:54	11.3	8:39	-0.2	9:10	-0.7	7:08	4:37	
23	Fri	3:33	10.9	3:55	10.6	9:39	0.1	10:05	-0.1	7:07	4:38	
24	Sat	4:30	10.7	4:57	10.0	10:40	0.4	11:02	0.4	7:06	4:39	
25	Sun	5:28	10.5	6:00	9.5	11:43	0.6			7:05	4:41	
26	Mon	6:26	10.4	7:00	9.2	12:00	0.9	12:44	0.6	7:04	4:42	
27	Tue	7:21	10.3	7:57	9.1	12:57	1.2	1:42	0.6	7:03	4:43	
28	Wed	8:12	10.3	8:49	9.1	1:51	1.4	2:35	0.5	7:02	4:45	
29	Thu	9:01	10.3	9:37	9.1	2:41	1.5	3:22	0.5	7:01	4:46	
30	Fri	9:45	10.4	10:20	9.2	3:26	1.5	4:05	0.4	7:00	4:47	
31	Sat	10:25	10.4	11:00	9.2	4:07	1.4	4:45	0.3	6:59	4:49	