US HARBORS www.USHarbors.com

Rockland, ME - Mar 1722

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:59**	10.2	**10:30**	9.4	**3:41**	1.4	**4:15**	0.5	6:17	5:28	
2	Mon	**10:36**	10.3	**11:05**	9.5	**4:20**	1.2	**4:51**	0.3	6:15	5:29	
3	Tue	**11:10**	10.4	**11:36**	9.7	**4:57**	1.0	**5:25**	0.3	6:14	5:31	
4	Wed	**11:41**	10.4			**5:32**	0.8	**5:58**	0.3	6:12	5:32	
5	Thu	**12:05**	9.9	**12:14**	10.3	**6:09**	0.7	**6:31**	0.3	6:10	5:33	
6	Fri	**12:35**	10.0	**12:50**	10.2	**6:46**	0.5	**7:07**	0.4	6:09	5:35	
7	Sat	**1:11**	10.2	**1:31**	10.1	**7:28**	0.4	**7:46**	0.6	6:07	5:36	
8	Sun	**1:52**	10.3	**2:18**	9.8	**8:13**	0.4	**8:30**	0.8	6:05	5:37	
9	Mon	**2:38**	10.4	**3:10**	9.6	**9:05**	0.4	**9:21**	1.0	6:03	5:38	
10	Tue	**3:31**	10.4	**4:10**	9.4	**10:03**	0.4	**10:19**	1.2	6:01	5:40	
11	Wed	**4:30**	10.5	**5:19**	9.3	**11:08**	0.3	**11:23**	1.2	6:00	5:41	
12	Thu	**5:38**	10.6	**6:32**	9.4			**12:15**	0.0	5:58	5:42	
13	Fri	**6:48**	10.9	**7:41**	9.8	**12:31**	1.0	**1:21**	-0.3	5:56	5:43	
14	Sat	**7:56**	11.3	**8:42**	10.4	**1:37**	0.6	**2:23**	-0.8	5:54	5:45	
15	Sun	**8:58**	11.8	**9:38**	10.9	**2:39**	0.1	**3:19**	-1.2	5:52	5:46	
16	Mon	**9:54**	12.1	**10:29**	11.3	**3:36**	-0.5	**4:12**	-1.4	5:51	5:47	
17	Tue	**10:47**	12.2	**11:18**	11.6	**4:30**	-0.9	**5:01**	-1.5	5:49	5:48	
18	Wed	**11:38**	12.0			**5:21**	-1.1	**5:49**	-1.3	5:47	5:50	
19	Thu	**12:05**	11.7	**12:28**	11.7	**6:11**	-1.1	**6:35**	-0.9	5:45	5:51	
20	Fri	**12:51**	11.5	**1:17**	11.1	**7:01**	-0.9	**7:21**	-0.3	5:43	5:52	
21	Sat	**1:37**	11.2	**2:07**	10.5	**7:50**	-0.5	**8:07**	0.3	5:41	5:53	
22	Sun	**2:24**	10.8	**2:59**	9.8	**8:40**	0.0	**8:56**	1.0	5:40	5:54	
23	Mon	**3:13**	10.3	**3:54**	9.2	**9:33**	0.5	**9:47**	1.5	5:38	5:56	
24	Tue	**4:07**	9.8	**4:53**	8.8	**10:30**	0.9	**10:43**	1.9	5:36	5:57	
25	Wed	**5:06**	9.5	**5:53**	8.6	**11:29**	1.1	**11:43**	2.1	5:34	5:58	
26	Thu	**6:06**	9.4	**6:51**	8.6			**12:27**	1.2	5:32	5:59	
27	Fri	**7:03**	9.4	**7:44**	8.7	**12:41**	2.1	**1:23**	1.2	5:30	6:00	
28	Sat	**7:56**	9.6	**8:32**	9.0	**1:36**	1.9	**2:13**	1.0	5:29	6:02	
29	Sun	**8:43**	9.8	**9:15**	9.3	**2:25**	1.6	**2:57**	0.8	5:27	6:03	
30	Mon	**9:26**	10.0	**9:53**	9.6	**3:09**	1.3	**3:37**	0.6	5:25	6:04	
31	Tue	**10:05**	10.2	**10:28**	9.9	**3:49**	0.9	**4:14**	0.4	5:23	6:05	