US HARBORS www.USHarbors.com

Rockland, ME - Jul 1723

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:59	10.0	10:08	11.6	3:42	-0.8	3:49	0.5	3:59	7:27	
2	Fri	10:49	9.9	10:56	11.4	4:32	-0.8	4:37	0.7	4:00	7:26	
3	Sat	11:37	9.8	11:41	11.1	5:20	-0.7	5:24	0.9	4:00	7:26	
4	Sun			12:23	9.6	6:05	-0.4	6:08	1.1	4:01	7:26	
5	Mon	12:24	10.8	1:07	9.4	6:48	-0.2	6:52	1.4	4:02	7:26	
6	Tue	1:05	10.5	1:49	9.2	7:29	0.2	7:35	1.6	4:02	7:25	
7	Wed	1:46	10.1	2:31	9.1	8:11	0.5	8:20	1.7	4:03	7:25	
8	Thu	2:28	9.7	3:13	9.0	8:53	0.8	9:07	1.9	4:04	7:25	
9	Fri	3:12	9.4	3:56	9.0	9:36	1.0	9:56	1.9	4:05	7:24	
10	Sat	4:01	9.1	4:41	9.1	10:21	1.3	10:49	1.8	4:05	7:24	
11	Sun	4:54	8.8	5:28	9.2	11:08	1.5	11:43	1.7	4:06	7:23	
12	Mon	5:50	8.7	6:16	9.4	11:56	1.6			4:07	7:23	
13	Tue	6:47	8.6	7:03	9.7	12:37	1.4	12:46	1.6	4:08	7:22	
14	Wed	7:41	8.8	7:51	10.1	1:30	1.0	1:35	1.6	4:09	7:22	
15	Thu	8:33	9.0	8:37	10.5	2:20	0.6	2:24	1.4	4:09	7:21	
16	Fri	9:22	9.2	9:24	10.9	3:09	0.1	3:11	1.2	4:10	7:20	
17	Sat	10:09	9.5	10:11	11.4	3:56	-0.3	3:59	0.9	4:11	7:20	
18	Sun	10:56	9.9	10:59	11.7	4:44	-0.7	4:48	0.5	4:12	7:19	
19	Mon	11:43	10.2	11:48	11.9	5:31	-1.1	5:37	0.3	4:13	7:18	
20	Tue			12:32	10.5	6:19	-1.3	6:29	0.1	4:14	7:17	
21	Wed	12:40	11.9	1:22	10.7	7:09	-1.3	7:23	-0.1	4:15	7:16	
22	Thu	1:33	11.7	2:15	10.9	8:00	-1.1	8:20	-0.1	4:16	7:15	
23	Fri	2:31	11.3	3:11	11.0	8:53	-0.9	9:21	-0.1	4:17	7:15	
24	Sat	3:32	10.9	4:10	11.0	9:48	-0.5	10:24	-0.1	4:18	7:14	
25	Sun	4:38	10.4	5:11	11.1	10:47	-0.1	11:29	-0.1	4:19	7:13	
26	Mon	5:46	10.0	6:13	11.1	11:47	0.3			4:20	7:12	
27	Tue	6:52	9.8	7:13	11.1	12:34	-0.1	12:48	0.6	4:21	7:11	
28	Wed	7:54	9.7	8:10	11.2	1:37	-0.2	1:47	0.7	4:22	7:09	
29	Thu	8:51	9.7	9:04	11.2	2:35	-0.3	2:43	0.8	4:23	7:08	
30	Fri	9:44	9.7	9:54	11.1	3:28	-0.4	3:35	0.9	4:24	7:07	
31	Sat	10:33	9.7	10:40	11.0	4:17	-0.3	4:22	1.0	4:25	7:06	