US HARBORS www.USHarbors.com

Rockland, ME - Jul 1729

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:25	10.3	2:04	9.5	7:55	0.2	8:08	1.2	4:00	7:27	
2	Sat	2:11	10.2	2:49	9.8	8:38	0.2	9:00	1.1	4:00	7:26	
3	Sun	3:02	10.0	3:39	10.1	9:25	0.3	9:56	0.8	4:01	7:26	
4	Mon	3:58	9.8	4:32	10.4	10:17	0.4	10:56	0.5	4:01	7:26	
5	Tue	5:00	9.7	5:30	10.8	11:13	0.6	11:59	0.2	4:02	7:26	
6	Wed	6:07	9.6	6:30	11.1			12:12	0.6	4:03	7:25	
7	Thu	7:15	9.6	7:32	11.5	1:03	-0.3	1:12	0.6	4:03	7:25	
8	Fri	8:21	9.8	8:33	11.9	2:06	-0.7	2:13	0.4	4:04	7:24	
9	Sat	9:22	10.1	9:32	12.1	3:05	-1.1	3:12	0.3	4:05	7:24	
10	Sun	10:19	10.3	10:28	12.3	4:02	-1.4	4:09	0.1	4:06	7:24	
11	Mon	11:14	10.5	11:23	12.2	4:57	-1.5	5:04	0.0	4:07	7:23	
12	Tue			12:06	10.6	5:48	-1.4	5:58	0.0	4:07	7:22	
13	Wed	12:15	12.0	12:56	10.6	6:38	-1.2	6:50	0.1	4:08	7:22	
14	Thu	1:06	11.5	1:45	10.5	7:26	-0.8	7:42	0.4	4:09	7:21	
15	Fri	1:57	10.9	2:34	10.3	8:14	-0.3	8:35	0.6	4:10	7:21	
16	Sat	2:49	10.3	3:23	10.1	9:01	0.2	9:28	0.9	4:11	7:20	
17	Sun	3:42	9.7	4:13	9.9	9:49	0.8	10:23	1.2	4:12	7:19	
18	Mon	4:38	9.1	5:04	9.7	10:39	1.3	11:20	1.3	4:13	7:18	
19	Tue	5:35	8.7	5:56	9.6	11:30	1.7			4:14	7:18	
20	Wed	6:33	8.5	6:49	9.6	12:16	1.3	12:22	1.9	4:15	7:17	
21	Thu	7:28	8.4	7:39	9.7	1:11	1.3	1:15	2.0	4:16	7:16	
22	Fri	8:20	8.5	8:27	9.9	2:04	1.1	2:05	2.0	4:17	7:15	
23	Sat	9:08	8.6	9:12	10.1	2:52	0.9	2:51	1.9	4:18	7:14	
24	Sun	9:52	8.8	9:52	10.3	3:36	0.6	3:34	1.7	4:19	7:13	
25	Mon	10:32	9.0	10:30	10.5	4:17	0.4	4:15	1.5	4:20	7:12	
26	Tue	11:08	9.2	11:06	10.6	4:55	0.2	4:55	1.3	4:21	7:11	
27	Wed	11:43	9.5	11:42	10.7	5:32	0.0	5:34	1.0	4:22	7:10	
28	Thu			12:17	9.7	6:08	-0.1	6:15	0.8	4:23	7:09	
29	Fri	12:21	10.7	12:54	10.0	6:46	-0.1	6:59	0.6	4:24	7:08	
30	Sat	1:04	10.6	1:35	10.3	7:26	-0.1	7:46	0.4	4:25	7:07	
31	Sun	1:50	10.4	2:20	10.5	8:09	0.0	8:38	0.3	4:26	7:05	