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# Rockland, ME - Mar 1730

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | **8:28** | 9.8 | **9:05** | 8.9 | **2:07** | 1.9 | **2:48** | 0.9 | 6:17 | 5:28 | |
| 2 | Thu | **9:12** | 10.1 | **9:45** | 9.3 | **2:53** | 1.5 | **3:29** | 0.6 | 6:15 | 5:29 | |
| 3 | Fri | **9:52** | 10.3 | **10:20** | 9.6 | **3:36** | 1.2 | **4:07** | 0.4 | 6:14 | 5:31 | |
| 4 | Sat | **10:28** | 10.5 | **10:53** | 10.0 | **4:16** | 0.8 | **4:43** | 0.2 | 6:12 | 5:32 | |
| 5 | Sun | **11:04** | 10.6 | **11:25** | 10.4 | **4:55** | 0.4 | **5:18** | 0.0 | 6:10 | 5:33 | |
| 6 | Mon | **11:42** | 10.7 | | | **5:34** | 0.1 | **5:55** | 0.0 | 6:08 | 5:35 | |
| 7 | Tue | **12:00** | 10.7 | **12:22** | 10.6 | **6:16** | -0.2 | **6:33** | 0.1 | 6:07 | 5:36 | |
| 8 | Wed | **12:39** | 10.9 | **1:06** | 10.4 | **7:00** | -0.3 | **7:16** | 0.2 | 6:05 | 5:37 | |
| 9 | Thu | **1:23** | 11.0 | **1:55** | 10.1 | **7:49** | -0.3 | **8:03** | 0.5 | 6:03 | 5:38 | |
| 10 | Fri | **2:12** | 11.0 | **2:51** | 9.8 | **8:43** | -0.2 | **8:56** | 0.8 | 6:01 | 5:40 | |
| 11 | Sat | **3:08** | 10.9 | **3:54** | 9.4 | **9:43** | -0.1 | **9:57** | 1.0 | 5:59 | 5:41 | |
| 12 | Sun | **4:12** | 10.8 | **5:07** | 9.3 | **10:50** | 0.0 | **11:04** | 1.2 | 5:58 | 5:42 | |
| 13 | Mon | **5:24** | 10.7 | **6:21** | 9.4 | **11:59** | 0.0 | | | 5:56 | 5:43 | |
| 14 | Tue | **6:38** | 10.8 | **7:28** | 9.8 | **12:15** | 1.0 | **1:07** | -0.2 | 5:54 | 5:45 | |
| 15 | Wed | **7:45** | 11.1 | **8:27** | 10.2 | **1:23** | 0.7 | **2:08** | -0.5 | 5:52 | 5:46 | |
| 16 | Thu | **8:45** | 11.4 | **9:21** | 10.7 | **2:25** | 0.3 | **3:03** | -0.7 | 5:50 | 5:47 | |
| 17 | Fri | **9:40** | 11.5 | **10:10** | 11.1 | **3:22** | -0.2 | **3:53** | -0.8 | 5:49 | 5:48 | |
| 18 | Sat | **10:30** | 11.5 | **10:55** | 11.3 | **4:13** | -0.5 | **4:40** | -0.7 | 5:47 | 5:50 | |
| 19 | Sun | **11:17** | 11.2 | **11:38** | 11.2 | **5:01** | -0.6 | **5:23** | -0.5 | 5:45 | 5:51 | |
| 20 | Mon | | | **12:02** | 10.9 | **5:47** | -0.6 | **6:04** | -0.1 | 5:43 | 5:52 | |
| 21 | Tue | **12:19** | 11.1 | **12:46** | 10.4 | **6:30** | -0.4 | **6:44** | 0.4 | 5:41 | 5:53 | |
| 22 | Wed | **12:58** | 10.8 | **1:29** | 9.9 | **7:13** | -0.1 | **7:24** | 0.9 | 5:39 | 5:54 | |
| 23 | Thu | **1:37** | 10.4 | **2:12** | 9.3 | **7:57** | 0.3 | **8:06** | 1.4 | 5:38 | 5:56 | |
| 24 | Fri | **2:18** | 10.0 | **2:58** | 8.8 | **8:43** | 0.8 | **8:51** | 1.8 | 5:36 | 5:57 | |
| 25 | Sat | **3:03** | 9.6 | **3:50** | 8.5 | **9:32** | 1.1 | **9:40** | 2.2 | 5:34 | 5:58 | |
| 26 | Sun | **3:54** | 9.3 | **4:48** | 8.2 | **10:27** | 1.4 | **10:36** | 2.4 | 5:32 | 5:59 | |
| 27 | Mon | **4:54** | 9.1 | **5:49** | 8.2 | **11:25** | 1.5 | **11:35** | 2.4 | 5:30 | 6:01 | |
| 28 | Tue | **5:56** | 9.1 | **6:45** | 8.4 | | | **12:22** | 1.5 | 5:28 | 6:02 | |
| 29 | Wed | **6:54** | 9.3 | **7:36** | 8.7 | **12:34** | 2.2 | **1:15** | 1.3 | 5:27 | 6:03 | |
| 30 | Thu | **7:46** | 9.5 | **8:21** | 9.1 | **1:28** | 1.8 | **2:03** | 1.0 | 5:25 | 6:04 | |
| 31 | Fri | **8:33** | 9.8 | **9:01** | 9.6 | **2:17** | 1.4 | **2:46** | 0.7 | 5:23 | 6:05 | |