US HARBORS www.USHarbors.com

Rockland, ME - Jan 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:46	9.3	4:04	9.0	10:05	1.6	10:22	1.3	7:16	4:12	
2	Tue	4:35	9.6	5:01	8.9	11:01	1.4	11:14	1.4	7:16	4:13	
3	Wed	5:28	9.9	6:03	8.9			12:00	1.0	7:16	4:14	
4	Thu	6:25	10.3	7:07	9.1	12:10	1.3	12:59	0.5	7:16	4:15	
5	Fri	7:22	10.8	8:08	9.4	1:06	1.1	1:57	0.0	7:16	4:16	
6	Sat	8:19	11.3	9:06	9.8	2:03	0.8	2:53	-0.7	7:15	4:17	
7	Sun	9:15	11.9	10:01	10.3	2:59	0.4	3:47	-1.2	7:15	4:18	
8	Mon	10:09	12.4	10:54	10.7	3:54	0.0	4:40	-1.7	7:15	4:19	
9	Tue	11:03	12.6	11:46	11.1	4:48	-0.4	5:31	-1.9	7:15	4:20	
10	Wed	11:57	12.6			5:43	-0.6	6:22	-2.0	7:15	4:22	
11	Thu	12:38	11.3	12:51	12.4	6:37	-0.7	7:13	-1.8	7:14	4:23	
12	Fri	1:31	11.4	1:47	11.9	7:33	-0.7	8:05	-1.4	7:14	4:24	
13	Sat	2:25	11.4	2:45	11.3	8:31	-0.5	8:58	-0.8	7:13	4:25	
14	Sun	3:21	11.2	3:46	10.6	9:31	-0.2	9:54	-0.2	7:13	4:26	
15	Mon	4:19	11.0	4:50	9.9	10:34	0.1	10:51	0.4	7:12	4:27	
16	Tue	5:18	10.8	5:54	9.5	11:38	0.3	11:51	0.9	7:12	4:29	
17	Wed	6:18	10.6	6:57	9.2			12:41	0.5	7:11	4:30	
18	Thu	7:16	10.5	7:55	9.1	12:51	1.2	1:40	0.5	7:11	4:31	
19	Fri	8:10	10.5	8:48	9.0	1:47	1.4	2:35	0.4	7:10	4:32	
20	Sat	9:00	10.5	9:37	9.1	2:40	1.5	3:24	0.4	7:09	4:34	
21	Sun	9:46	10.5	10:21	9.2	3:26	1.4	4:07	0.3	7:09	4:35	
22	Mon	10:27	10.5	11:01	9.2	4:09	1.4	4:47	0.3	7:08	4:36	
23	Tue	11:04	10.4	11:38	9.3	4:48	1.3	5:23	0.3	7:07	4:38	
24	Wed	11:38	10.3			5:24	1.3	5:56	0.3	7:06	4:39	
25	Thu	12:10	9.3	12:09	10.2	6:00	1.3	6:29	0.4	7:05	4:40	
26	Fri	12:40	9.4	12:40	10.1	6:35	1.2	7:01	0.5	7:04	4:42	
27	Sat	1:08	9.5	1:14	9.9	7:13	1.2	7:35	0.7	7:03	4:43	
28	Sun	1:41	9.6	1:54	9.6	7:53	1.2	8:13	0.9	7:02	4:44	
29	Mon	2:19	9.7	2:38	9.4	8:38	1.2	8:54	1.1	7:01	4:46	
30	Tue	3:03	9.8	3:28	9.1	9:28	1.1	9:41	1.3	7:00	4:47	
31	Wed	3:53	9.9	4:25	8.9	10:24	1.0	10:35	1.4	6:59	4:49	