US HARBORS www.USHarbors.com

Rockland, ME - Mar 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:23	10.3	4:02	9.0	9:57	0.6	10:09	1.4	6:17	5:28	
2	Fri	4:22	10.3	5:09	9.0	11:01	0.5	11:13	1.4	6:16	5:29	
3	Sat	5:28	10.5	6:21	9.2			12:07	0.3	6:14	5:30	
4	Sun	6:38	10.8	7:30	9.7	12:20	1.1	1:13	-0.2	6:12	5:32	
5	Mon	7:46	11.3	8:31	10.3	1:27	0.6	2:13	-0.6	6:11	5:33	
6	Tue	8:48	11.7	9:26	10.9	2:29	0.0	3:09	-1.1	6:09	5:34	
7	Wed	9:44	12.1	10:17	11.5	3:26	-0.6	4:01	-1.4	6:07	5:36	
8	Thu	10:38	12.2	11:06	11.9	4:21	-1.1	4:51	-1.5	6:05	5:37	
9	Fri	11:30	12.1	11:54	12.0	5:13	-1.4	5:38	-1.4	6:04	5:38	
10	Sat			12:20	11.7	6:04	-1.4	6:26	-1.0	6:02	5:39	
11	Sun	12:41	11.9	1:11	11.2	6:55	-1.2	7:13	-0.5	6:00	5:41	
12	Mon	1:29	11.6	2:02	10.5	7:46	-0.8	8:01	0.2	5:58	5:42	
13	Tue	2:19	11.1	2:56	9.9	8:39	-0.3	8:52	0.8	5:56	5:43	
14	Wed	3:12	10.6	3:54	9.3	9:34	0.3	9:46	1.4	5:55	5:44	
15	Thu	4:09	10.1	4:55	8.8	10:33	0.8	10:45	1.8	5:53	5:46	
16	Fri	5:10	9.7	5:56	8.6	11:34	1.1	11:46	2.0	5:51	5:47	
17	Sat	6:11	9.5	6:54	8.6			12:33	1.2	5:49	5:48	
18	Sun	7:08	9.6	7:46	8.8	12:46	2.0	1:28	1.1	5:47	5:49	
19	Mon	8:01	9.7	8:34	9.0	1:40	1.8	2:17	1.0	5:45	5:51	
20	Tue	8:48	9.8	9:17	9.3	2:29	1.5	3:01	0.9	5:44	5:52	
21	Wed	9:31	10.0	9:55	9.6	3:13	1.2	3:39	0.7	5:42	5:53	
22	Thu	10:09	10.0	10:29	9.9	3:53	0.9	4:15	0.6	5:40	5:54	
23	Fri	10:44	10.1	10:59	10.1	4:31	0.6	4:49	0.6	5:38	5:55	
24	Sat	11:17	10.0	11:28	10.3	5:07	0.4	5:22	0.6	5:36	5:57	
25	Sun	11:51	10.0			5:43	0.2	5:56	0.7	5:34	5:58	
26	Mon	12:00	10.5	12:27	9.9	6:22	0.1	6:33	0.8	5:33	5:59	
27	Tue	12:37	10.6	1:08	9.8	7:03	0.0	7:13	0.9	5:31	6:00	
28	Wed	1:19	10.7	1:55	9.6	7:49	0.0	7:59	1.1	5:29	6:01	
29	Thu	2:07	10.6	2:48	9.4	8:41	0.1	8:52	1.2	5:27	6:03	
30	Fri	3:02	10.6	3:49	9.3	9:39	0.2	9:53	1.3	5:25	6:04	
31	Sat	4:04	10.5	4:57	9.3	10:43	0.2	10:59	1.2	5:23	6:05	