US HARBORS www.USHarbors.com

Rockland, ME - Jul 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:44**	9.6	**8:58**	11.1	**2:29**	-0.2	**2:36**	0.9	3:59	7:27	
2	Mon	**9:37**	9.5	**9:46**	11.0	**3:22**	-0.2	**3:26**	1.0	4:00	7:26	
3	Tue	**10:25**	9.5	**10:31**	10.9	**4:10**	-0.2	**4:13**	1.2	4:01	7:26	
4	Wed	**11:09**	9.4	**11:13**	10.7	**4:54**	-0.1	**4:55**	1.3	4:01	7:26	
5	Thu	**11:51**	9.3	**11:51**	10.5	**5:34**	0.0	**5:35**	1.4	4:02	7:26	
6	Fri			**12:29**	9.2	**6:12**	0.2	**6:14**	1.4	4:02	7:25	
7	Sat	**12:26**	10.3	**1:05**	9.2	**6:48**	0.4	**6:52**	1.5	4:03	7:25	
8	Sun	**1:00**	10.0	**1:38**	9.2	**7:24**	0.5	**7:32**	1.6	4:04	7:25	
9	Mon	**1:36**	9.8	**2:12**	9.2	**8:00**	0.7	**8:14**	1.6	4:05	7:24	
10	Tue	**2:15**	9.5	**2:49**	9.2	**8:38**	1.0	**8:59**	1.6	4:05	7:24	
11	Wed	**2:58**	9.2	**3:30**	9.3	**9:20**	1.2	**9:48**	1.6	4:06	7:23	
12	Thu	**3:47**	8.9	**4:16**	9.5	**10:04**	1.4	**10:41**	1.5	4:07	7:23	
13	Fri	**4:40**	8.8	**5:06**	9.7	**10:53**	1.5	**11:37**	1.3	4:08	7:22	
14	Sat	**5:39**	8.7	**6:00**	10.0	**11:46**	1.6			4:09	7:22	
15	Sun	**6:41**	8.8	**6:56**	10.4	**12:35**	0.9	**12:41**	1.4	4:09	7:21	
16	Mon	**7:42**	9.0	**7:53**	10.9	**1:33**	0.4	**1:37**	1.2	4:10	7:20	
17	Tue	**8:39**	9.4	**8:48**	11.4	**2:28**	-0.1	**2:33**	0.8	4:11	7:20	
18	Wed	**9:34**	9.9	**9:42**	11.9	**3:22**	-0.7	**3:27**	0.3	4:12	7:19	
19	Thu	**10:26**	10.4	**10:35**	12.3	**4:13**	-1.2	**4:21**	-0.1	4:13	7:18	
20	Fri	**11:18**	10.8	**11:29**	12.4	**5:04**	-1.6	**5:15**	-0.5	4:14	7:17	
21	Sat			**12:09**	11.2	**5:54**	-1.7	**6:09**	-0.7	4:15	7:16	
22	Sun	**12:22**	12.3	**1:00**	11.4	**6:45**	-1.7	**7:04**	-0.8	4:16	7:15	
23	Mon	**1:17**	12.0	**1:53**	11.5	**7:36**	-1.4	**8:01**	-0.7	4:17	7:14	
24	Tue	**2:14**	11.5	**2:48**	11.5	**8:28**	-1.0	**9:00**	-0.5	4:18	7:14	
25	Wed	**3:14**	10.9	**3:46**	11.3	**9:23**	-0.4	**10:02**	-0.3	4:19	7:13	
26	Thu	**4:18**	10.3	**4:46**	11.1	**10:21**	0.1	**11:06**	0.0	4:20	7:12	
27	Fri	**5:23**	9.8	**5:47**	10.9	**11:21**	0.6			4:21	7:10	
28	Sat	**6:27**	9.4	**6:48**	10.7	**12:10**	0.1	**12:22**	1.0	4:22	7:09	
29	Sun	**7:28**	9.3	**7:45**	10.7	**1:12**	0.2	**1:22**	1.2	4:23	7:08	
30	Mon	**8:25**	9.2	**8:38**	10.6	**2:10**	0.2	**2:17**	1.3	4:24	7:07	
31	Tue	**9:16**	9.3	**9:27**	10.6	**3:02**	0.2	**3:07**	1.3	4:26	7:06	