US HARBORS www.USHarbors.com

Rockland, ME - Jan 1736

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:19	11.1	12:29	12.4	6:18	-0.5	6:56	-1.8	7:16	4:12	
2	Mon	1:11	11.2	1:24	12.2	7:13	-0.6	7:49	-1.6	7:16	4:13	
3	Tue	2:06	11.3	2:22	11.7	8:10	-0.5	8:44	-1.3	7:16	4:14	
4	Wed	3:05	11.2	3:24	11.2	9:11	-0.3	9:41	-0.9	7:16	4:15	
5	Thu	4:06	11.2	4:30	10.7	10:15	-0.1	10:41	-0.4	7:16	4:16	
6	Fri	5:08	11.1	5:38	10.3	11:21	0.0	11:42	0.0	7:16	4:17	
7	Sat	6:10	11.1	6:43	10.0			12:26	0.0	7:15	4:18	
8	Sun	7:09	11.1	7:44	9.9	12:43	0.3	1:28	-0.1	7:15	4:19	
9	Mon	8:05	11.1	8:40	9.9	1:41	0.5	2:25	-0.2	7:15	4:20	
10	Tue	8:57	11.1	9:32	9.8	2:36	0.6	3:18	-0.3	7:15	4:21	
11	Wed	9:45	11.1	10:20	9.8	3:26	0.7	4:05	-0.3	7:14	4:22	
12	Thu	10:29	11.0	11:03	9.7	4:11	0.8	4:48	-0.2	7:14	4:24	
13	Fri	11:10	10.8	11:44	9.7	4:52	0.9	5:27	-0.1	7:14	4:25	
14	Sat	11:47	10.6			5:31	1.0	6:04	0.0	7:13	4:26	
15	Sun	12:21	9.6	12:21	10.4	6:08	1.1	6:39	0.2	7:13	4:27	
16	Mon	12:55	9.5	12:53	10.2	6:45	1.2	7:14	0.4	7:12	4:28	
17	Tue	1:27	9.4	1:26	9.9	7:24	1.3	7:50	0.6	7:11	4:30	
18	Wed	2:00	9.4	2:04	9.7	8:04	1.4	8:29	0.8	7:11	4:31	
19	Thu	2:37	9.4	2:47	9.4	8:48	1.5	9:10	1.0	7:10	4:32	
20	Fri	3:19	9.4	3:35	9.1	9:37	1.5	9:56	1.2	7:09	4:33	
21	Sat	4:06	9.5	4:29	9.0	10:30	1.4	10:46	1.3	7:09	4:35	
22	Sun	4:58	9.7	5:28	8.9	11:27	1.2	11:41	1.3	7:08	4:36	
23	Mon	5:54	10.0	6:31	9.1			12:26	0.9	7:07	4:37	
24	Tue	6:52	10.4	7:33	9.4	12:37	1.2	1:24	0.3	7:06	4:39	
25	Wed	7:49	11.0	8:32	9.8	1:34	0.8	2:20	-0.3	7:06	4:40	
26	Thu	8:44	11.5	9:27	10.4	2:30	0.4	3:14	-0.9	7:05	4:41	
27	Fri	9:38	12.1	10:19	10.9	3:24	-0.1	4:06	-1.4	7:04	4:43	
28	Sat	10:31	12.5	11:10	11.3	4:17	-0.6	4:56	-1.9	7:03	4:44	
29	Sun	11:24	12.7			5:10	-0.9	5:47	-2.0	7:02	4:45	
30	Mon	12:01	11.7	12:17	12.6	6:03	-1.1	6:37	-2.0	7:01	4:47	
31	Tue	12:53	11.8	1:11	12.3	6:58	-1.2	7:29	-1.7	7:00	4:48	