US HARBORS www.USHarbors.com

Rockland, ME - Jan 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:42	11.0	10:23	9.4	3:23	1.1	4:08	-0.3	7:16	4:13	
2	Sat	10:28	10.9	11:09	9.3	4:10	1.2	4:53	-0.2	7:16	4:14	
3	Sun	11:11	10.8	11:51	9.2	4:54	1.3	5:35	0.0	7:16	4:15	
4	Mon	11:51	10.5			5:35	1.5	6:15	0.2	7:16	4:16	
5	Tue	12:31	9.1	12:27	10.3	6:14	1.6	6:52	0.4	7:16	4:17	
6	Wed	1:09	9.0	1:03	10.1	6:53	1.7	7:29	0.6	7:15	4:18	
7	Thu	1:44	8.9	1:39	9.8	7:33	1.8	8:06	0.8	7:15	4:19	
8	Fri	2:20	8.9	2:18	9.5	8:15	1.9	8:45	1.0	7:15	4:20	
9	Sat	2:57	8.9	3:02	9.1	9:01	1.9	9:26	1.3	7:15	4:21	
10	Sun	3:38	9.0	3:51	8.8	9:51	1.9	10:10	1.5	7:14	4:22	
11	Mon	4:24	9.1	4:45	8.6	10:45	1.8	10:59	1.7	7:14	4:23	
12	Tue	5:13	9.3	5:44	8.5	11:41	1.5	11:50	1.8	7:14	4:24	
13	Wed	6:05	9.6	6:46	8.5			12:39	1.2	7:13	4:26	
14	Thu	6:59	10.0	7:46	8.8	12:44	1.8	1:35	0.7	7:13	4:27	
15	Fri	7:54	10.5	8:43	9.1	1:39	1.6	2:30	0.1	7:12	4:28	
16	Sat	8:47	11.1	9:36	9.5	2:33	1.2	3:23	-0.4	7:12	4:29	
17	Sun	9:40	11.6	10:27	10.0	3:26	0.8	4:14	-1.0	7:11	4:31	
18	Mon	10:32	12.0	11:17	10.4	4:18	0.4	5:04	-1.4	7:10	4:32	
19	Tue	11:24	12.3			5:10	0.0	5:53	-1.6	7:10	4:33	
20	Wed	12:07	10.8	12:16	12.3	6:03	-0.3	6:43	-1.7	7:09	4:34	
21	Thu	12:58	11.0	1:10	12.1	6:57	-0.5	7:33	-1.5	7:08	4:36	
22	Fri	1:49	11.2	2:05	11.6	7:53	-0.4	8:24	-1.1	7:07	4:37	
23	Sat	2:43	11.2	3:04	11.0	8:52	-0.3	9:18	-0.5	7:07	4:38	
24	Sun	3:39	11.1	4:07	10.3	9:53	-0.1	10:14	0.1	7:06	4:40	
25	Mon	4:39	11.0	5:14	9.8	10:57	0.1	11:13	0.6	7:05	4:41	
26	Tue	5:40	10.8	6:20	9.3			12:03	0.2	7:04	4:42	
27	Wed	6:41	10.7	7:24	9.1	12:15	1.1	1:07	0.3	7:03	4:44	
28	Thu	7:40	10.6	8:23	9.1	1:16	1.3	2:08	0.3	7:02	4:45	
29	Fri	8:36	10.6	9:17	9.1	2:14	1.4	3:02	0.2	7:01	4:47	
30	Sat	9:26	10.6	10:05	9.2	3:07	1.5	3:51	0.2	7:00	4:48	
31	Sun	10:12	10.6	10:49	9.2	3:54	1.4	4:35	0.2	6:59	4:49	