US HARBORS www.USHarbors.com

Rockland, ME - Mar 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:50**	10.3	**10:22**	9.3	**3:33**	1.4	**4:09**	0.5	6:16	5:29	
2	Tue	**10:30**	10.3	**10:59**	9.4	**4:14**	1.3	**4:46**	0.5	6:15	5:30	
3	Wed	**11:07**	10.2	**11:32**	9.5	**4:52**	1.1	**5:19**	0.5	6:13	5:31	
4	Thu	**11:40**	10.1			**5:27**	1.0	**5:50**	0.6	6:11	5:32	
5	Fri	**12:01**	9.6	**12:10**	9.9	**6:01**	0.9	**6:21**	0.8	6:10	5:34	
6	Sat	**12:27**	9.7	**12:41**	9.7	**6:36**	0.9	**6:52**	1.0	6:08	5:35	
7	Sun	**12:56**	9.8	**1:15**	9.5	**7:12**	0.9	**7:25**	1.2	6:06	5:36	
8	Mon	**1:29**	9.8	**1:55**	9.2	**7:51**	0.9	**8:03**	1.4	6:04	5:38	
9	Tue	**2:09**	9.8	**2:40**	8.9	**8:36**	0.9	**8:46**	1.7	6:02	5:39	
10	Wed	**2:55**	9.8	**3:33**	8.7	**9:27**	1.0	**9:37**	1.9	6:01	5:40	
11	Thu	**3:48**	9.8	**4:33**	8.5	**10:26**	1.0	**10:36**	2.0	5:59	5:41	
12	Fri	**4:48**	9.9	**5:42**	8.6	**11:31**	0.8	**11:41**	1.8	5:57	5:43	
13	Sat	**5:55**	10.2	**6:53**	8.9			**12:37**	0.5	5:55	5:44	
14	Sun	**7:04**	10.6	**7:56**	9.5	**12:48**	1.4	**1:40**	0.0	5:53	5:45	
15	Mon	**8:09**	11.2	**8:53**	10.2	**1:52**	0.8	**2:37**	-0.6	5:52	5:46	
16	Tue	**9:08**	11.7	**9:45**	10.9	**2:51**	0.1	**3:30**	-1.1	5:50	5:48	
17	Wed	**10:03**	12.1	**10:34**	11.6	**3:47**	-0.6	**4:20**	-1.4	5:48	5:49	
18	Thu	**10:55**	12.2	**11:22**	12.0	**4:40**	-1.2	**5:08**	-1.5	5:46	5:50	
19	Fri	**11:47**	12.0			**5:32**	-1.5	**5:56**	-1.3	5:44	5:51	
20	Sat	**12:10**	12.1	**12:39**	11.6	**6:24**	-1.6	**6:43**	-0.9	5:42	5:52	
21	Sun	**12:58**	12.0	**1:32**	11.0	**7:16**	-1.3	**7:32**	-0.3	5:41	5:54	
22	Mon	**1:48**	11.7	**2:27**	10.3	**8:10**	-0.9	**8:24**	0.4	5:39	5:55	
23	Tue	**2:41**	11.1	**3:26**	9.7	**9:06**	-0.3	**9:19**	1.1	5:37	5:56	
24	Wed	**3:39**	10.6	**4:29**	9.1	**10:06**	0.2	**10:19**	1.6	5:35	5:57	
25	Thu	**4:42**	10.1	**5:33**	8.8	**11:10**	0.7	**11:24**	1.9	5:33	5:59	
26	Fri	**5:47**	9.8	**6:35**	8.7			**12:14**	0.9	5:31	6:00	
27	Sat	**6:49**	9.7	**7:32**	8.8	**12:28**	2.0	**1:14**	1.0	5:30	6:01	
28	Sun	**7:45**	9.7	**8:22**	9.0	**1:27**	1.9	**2:06**	0.9	5:28	6:02	
29	Mon	**8:35**	9.8	**9:07**	9.2	**2:19**	1.7	**2:52**	0.8	5:26	6:03	
30	Tue	**9:21**	9.9	**9:48**	9.5	**3:05**	1.4	**3:33**	0.8	5:24	6:05	
31	Wed	**10:01**	10.0	**10:23**	9.7	**3:46**	1.1	**4:09**	0.7	5:22	6:06	