US HARBORS www.USHarbors.com

Rockland, ME - Jul 1749

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:22	10.2	11:27	12.0	5:09	-1.1	5:15	0.2	4:00	7:27	
2	Wed			12:11	10.5	5:58	-1.3	6:07	0.0	4:00	7:26	
3	Thu	12:18	12.0	1:02	10.8	6:48	-1.4	7:01	-0.2	4:01	7:26	
4	Fri	1:12	11.9	1:54	11.0	7:38	-1.3	7:58	-0.2	4:02	7:26	
5	Sat	2:09	11.5	2:49	11.1	8:31	-1.1	8:57	-0.2	4:02	7:26	
6	Sun	3:09	11.0	3:47	11.1	9:25	-0.7	10:00	-0.1	4:03	7:25	
7	Mon	4:13	10.5	4:47	11.1	10:22	-0.2	11:04	-0.1	4:04	7:25	
8	Tue	5:19	10.1	5:48	11.1	11:21	0.2			4:04	7:24	
9	Wed	6:26	9.7	6:48	11.1	12:09	-0.1	12:22	0.6	4:05	7:24	
10	Thu	7:29	9.6	7:46	11.1	1:12	-0.1	1:22	0.8	4:06	7:24	
11	Fri	8:27	9.5	8:41	11.1	2:12	-0.2	2:19	1.0	4:07	7:23	
12	Sat	9:21	9.5	9:32	11.0	3:06	-0.2	3:11	1.1	4:08	7:22	
13	Sun	10:11	9.5	10:19	10.9	3:56	-0.2	4:00	1.1	4:08	7:22	
14	Mon	10:57	9.4	11:02	10.8	4:42	-0.1	4:44	1.2	4:09	7:21	
15	Tue	11:39	9.4	11:41	10.6	5:23	0.0	5:25	1.3	4:10	7:21	
16	Wed			12:17	9.3	6:01	0.1	6:04	1.3	4:11	7:20	
17	Thu	12:18	10.3	12:53	9.3	6:37	0.3	6:42	1.4	4:12	7:19	
18	Fri	12:52	10.1	1:27	9.3	7:12	0.5	7:21	1.5	4:13	7:18	
19	Sat	1:26	9.8	1:59	9.3	7:47	0.8	8:02	1.5	4:14	7:17	
20	Sun	2:04	9.5	2:34	9.3	8:24	1.0	8:45	1.6	4:15	7:17	
21	Mon	2:45	9.2	3:14	9.3	9:04	1.3	9:33	1.6	4:16	7:16	
22	Tue	3:32	8.9	3:59	9.4	9:48	1.5	10:25	1.5	4:17	7:15	
23	Wed	4:25	8.6	4:49	9.5	10:36	1.7	11:21	1.4	4:18	7:14	
24	Thu	5:23	8.5	5:43	9.8	11:29	1.8			4:19	7:13	
25	Fri	6:25	8.6	6:40	10.1	12:19	1.1	12:25	1.7	4:20	7:12	
26	Sat	7:27	8.8	7:37	10.6	1:18	0.7	1:22	1.4	4:21	7:11	
27	Sun	8:25	9.2	8:33	11.1	2:14	0.1	2:18	1.0	4:22	7:10	
28	Mon	9:19	9.7	9:27	11.7	3:07	-0.4	3:12	0.5	4:23	7:09	
29	Tue	10:11	10.2	10:20	12.1	3:58	-1.0	4:05	0.0	4:24	7:08	
30	Wed	11:00	10.8	11:12	12.3	4:48	-1.4	4:58	-0.4	4:25	7:06	
31	Thu	11:50	11.2			5:37	-1.6	5:51	-0.8	4:26	7:05	