US HARBORS www.USHarbors.com

Rockland, ME - Aug 1749

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:05	12.3	12:40	11.5	6:26	-1.6	6:45	-0.9	4:27	7:04	
2	Sat	12:58	12.0	1:31	11.6	7:16	-1.4	7:41	-0.9	4:28	7:03	
3	Sun	1:54	11.5	2:25	11.6	8:07	-1.0	8:39	-0.7	4:30	7:02	
4	Mon	2:53	10.9	3:22	11.4	9:01	-0.4	9:40	-0.4	4:31	7:00	
5	Tue	3:56	10.3	4:22	11.2	9:58	0.1	10:44	-0.1	4:32	6:59	
6	Wed	5:02	9.8	5:25	10.9	10:59	0.7	11:49	0.1	4:33	6:58	
7	Thu	6:08	9.4	6:28	10.7			12:02	1.0	4:34	6:56	
8	Fri	7:11	9.2	7:28	10.7	12:54	0.2	1:04	1.2	4:35	6:55	
9	Sat	8:09	9.2	8:23	10.6	1:54	0.2	2:02	1.3	4:36	6:53	
10	Sun	9:01	9.3	9:13	10.6	2:48	0.2	2:54	1.2	4:38	6:52	
11	Mon	9:49	9.4	9:59	10.6	3:36	0.2	3:41	1.2	4:39	6:51	
12	Tue	10:32	9.5	10:40	10.5	4:18	0.2	4:23	1.1	4:40	6:49	
13	Wed	11:11	9.5	11:18	10.4	4:57	0.2	5:02	1.1	4:41	6:48	
14	Thu	11:46	9.5	11:51	10.2	5:31	0.4	5:38	1.1	4:42	6:46	
15	Fri			12:17	9.5	6:04	0.5	6:13	1.1	4:43	6:45	
16	Sat	12:23	10.0	12:45	9.6	6:36	0.7	6:49	1.1	4:44	6:43	
17	Sun	12:54	9.7	1:14	9.6	7:08	0.9	7:27	1.1	4:46	6:41	
18	Mon	1:29	9.4	1:48	9.6	7:43	1.2	8:08	1.2	4:47	6:40	
19	Tue	2:09	9.2	2:28	9.6	8:22	1.4	8:54	1.2	4:48	6:38	
20	Wed	2:55	8.9	3:14	9.6	9:05	1.6	9:45	1.2	4:49	6:37	
21	Thu	3:47	8.6	4:06	9.7	9:55	1.8	10:43	1.2	4:50	6:35	
22	Fri	4:47	8.5	5:05	9.8	10:52	1.8	11:45	1.0	4:51	6:33	
23	Sat	5:52	8.6	6:08	10.2	11:54	1.7			4:53	6:32	
24	Sun	6:59	8.9	7:12	10.7	12:47	0.5	12:56	1.3	4:54	6:30	
25	Mon	8:00	9.5	8:13	11.2	1:47	0.0	1:56	0.7	4:55	6:28	
26	Tue	8:56	10.1	9:10	11.8	2:42	-0.6	2:54	0.1	4:56	6:27	
27	Wed	9:48	10.8	10:04	12.2	3:34	-1.1	3:48	-0.6	4:57	6:25	
28	Thu	10:37	11.4	10:57	12.3	4:24	-1.5	4:42	-1.1	4:58	6:23	
29	Fri	11:26	11.9	11:49	12.2	5:13	-1.6	5:35	-1.4	4:59	6:21	
30	Sat			12:15	12.1	6:02	-1.5	6:28	-1.5	5:01	6:20	
31	Sun	12:42	11.9	1:06	12.1	6:51	-1.2	7:22	-1.4	5:02	6:18	