US HARBORS www.USHarbors.com

Rockland, ME - Jul 1753

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:44	10.6	10:54	12.3	4:32	-1.4	4:41	-0.3	4:00	7:27	
2	Mon	11:36	11.0	11:46	12.5	5:23	-1.7	5:34	-0.5	4:00	7:26	
3	Tue			12:28	11.2	6:14	-1.8	6:28	-0.6	4:01	7:26	
4	Wed	12:40	12.4	1:22	11.3	7:06	-1.8	7:25	-0.6	4:02	7:26	
5	Thu	1:37	12.1	2:18	11.4	7:59	-1.6	8:23	-0.5	4:02	7:26	
6	Fri	2:36	11.6	3:17	11.3	8:54	-1.2	9:24	-0.4	4:03	7:25	
7	Sat	3:39	11.1	4:17	11.3	9:51	-0.7	10:28	-0.2	4:04	7:25	
8	Sun	4:44	10.5	5:18	11.2	10:50	-0.2	11:32	-0.1	4:04	7:24	
9	Mon	5:49	10.1	6:18	11.1	11:51	0.2			4:05	7:24	
10	Tue	6:52	9.9	7:16	11.1	12:36	0.0	12:50	0.5	4:06	7:23	
11	Wed	7:51	9.7	8:10	11.0	1:36	0.0	1:47	0.7	4:07	7:23	
12	Thu	8:46	9.7	9:01	11.0	2:31	-0.1	2:40	0.8	4:08	7:22	
13	Fri	9:36	9.6	9:48	10.9	3:22	-0.1	3:28	0.9	4:08	7:22	
14	Sat	10:23	9.6	10:31	10.8	4:08	-0.1	4:13	1.0	4:09	7:21	
15	Sun	11:05	9.5	11:11	10.6	4:50	0.0	4:53	1.1	4:10	7:20	
16	Mon	11:45	9.5	11:47	10.4	5:28	0.1	5:31	1.2	4:11	7:20	
17	Tue			12:21	9.4	6:04	0.2	6:08	1.2	4:12	7:19	
18	Wed	12:20	10.2	12:54	9.4	6:39	0.3	6:46	1.3	4:13	7:18	
19	Thu	12:52	10.0	1:25	9.4	7:13	0.5	7:24	1.3	4:14	7:17	
20	Fri	1:26	9.8	1:58	9.4	7:50	0.7	8:05	1.4	4:15	7:17	
21	Sat	2:05	9.6	2:35	9.5	8:28	0.9	8:50	1.4	4:16	7:16	
22	Sun	2:48	9.4	3:18	9.6	9:10	1.0	9:39	1.4	4:17	7:15	
23	Mon	3:37	9.2	4:06	9.7	9:56	1.2	10:33	1.2	4:18	7:14	
24	Tue	4:32	9.0	4:59	9.9	10:47	1.3	11:30	1.0	4:19	7:13	
25	Wed	5:31	9.0	5:55	10.2	11:42	1.2			4:20	7:12	
26	Thu	6:34	9.2	6:54	10.7	12:29	0.6	12:39	1.0	4:21	7:11	
27	Fri	7:37	9.5	7:52	11.2	1:28	0.1	1:37	0.7	4:22	7:10	
28	Sat	8:36	10.0	8:49	11.8	2:24	-0.5	2:34	0.2	4:23	7:09	
29	Sun	9:32	10.5	9:45	12.2	3:19	-1.1	3:30	-0.3	4:24	7:08	
30	Mon	10:25	11.0	10:39	12.5	4:11	-1.6	4:24	-0.7	4:25	7:06	
31	Tue	11:17	11.4	11:33	12.6	5:03	-1.9	5:18	-1.0	4:26	7:05	