US HARBORS www.USHarbors.com

Rockland, ME - Aug 1757

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:44**	11.4	**11:58**	12.7	**5:28**	-2.0	**5:42**	-0.9	4:27	7:04	
2	Tue			**12:37**	11.5	**6:20**	-2.0	**6:37**	-0.9	4:29	7:03	
3	Wed	**12:53**	12.4	**1:30**	11.5	**7:12**	-1.7	**7:33**	-0.8	4:30	7:01	
4	Thu	**1:49**	11.9	**2:25**	11.3	**8:04**	-1.3	**8:30**	-0.5	4:31	7:00	
5	Fri	**2:46**	11.3	**3:21**	11.1	**8:58**	-0.7	**9:29**	-0.1	4:32	6:59	
6	Sat	**3:46**	10.6	**4:18**	10.8	**9:53**	-0.1	**10:30**	0.2	4:33	6:57	
7	Sun	**4:48**	10.0	**5:16**	10.6	**10:50**	0.5	**11:32**	0.4	4:34	6:56	
8	Mon	**5:50**	9.6	**6:14**	10.4	**11:49**	0.9			4:35	6:55	
9	Tue	**6:49**	9.3	**7:10**	10.3	**12:32**	0.6	**12:46**	1.2	4:36	6:53	
10	Wed	**7:45**	9.2	**8:02**	10.3	**1:29**	0.6	**1:40**	1.3	4:38	6:52	
11	Thu	**8:37**	9.2	**8:50**	10.3	**2:22**	0.5	**2:30**	1.3	4:39	6:50	
12	Fri	**9:24**	9.3	**9:35**	10.4	**3:09**	0.5	**3:16**	1.3	4:40	6:49	
13	Sat	**10:08**	9.4	**10:16**	10.4	**3:52**	0.4	**3:57**	1.2	4:41	6:47	
14	Sun	**10:47**	9.4	**10:52**	10.4	**4:31**	0.3	**4:36**	1.2	4:42	6:46	
15	Mon	**11:23**	9.5	**11:25**	10.4	**5:07**	0.3	**5:12**	1.1	4:43	6:44	
16	Tue	**11:55**	9.5	**11:56**	10.3	**5:42**	0.3	**5:48**	1.0	4:45	6:43	
17	Wed			**12:24**	9.6	**6:15**	0.3	**6:24**	1.0	4:46	6:41	
18	Thu	**12:28**	10.2	**12:54**	9.7	**6:49**	0.4	**7:02**	0.9	4:47	6:40	
19	Fri	**1:04**	10.1	**1:30**	9.8	**7:25**	0.5	**7:43**	0.9	4:48	6:38	
20	Sat	**1:45**	9.9	**2:10**	9.9	**8:05**	0.6	**8:29**	0.8	4:49	6:36	
21	Sun	**2:31**	9.7	**2:57**	10.1	**8:49**	0.8	**9:20**	0.8	4:50	6:35	
22	Mon	**3:23**	9.6	**3:49**	10.2	**9:39**	0.9	**10:18**	0.6	4:51	6:33	
23	Tue	**4:22**	9.4	**4:46**	10.4	**10:35**	1.0	**11:20**	0.4	4:53	6:32	
24	Wed	**5:27**	9.4	**5:50**	10.7	**11:36**	0.9			4:54	6:30	
25	Thu	**6:36**	9.6	**6:55**	11.1	**12:24**	0.0	**12:39**	0.7	4:55	6:28	
26	Fri	**7:43**	10.0	**8:00**	11.6	**1:27**	-0.4	**1:42**	0.3	4:56	6:26	
27	Sat	**8:44**	10.5	**9:00**	12.1	**2:27**	-1.0	**2:42**	-0.2	4:57	6:25	
28	Sun	**9:41**	11.0	**9:57**	12.4	**3:24**	-1.4	**3:39**	-0.7	4:58	6:23	
29	Mon	**10:34**	11.4	**10:51**	12.5	**4:17**	-1.7	**4:34**	-1.0	5:00	6:21	
30	Tue	**11:25**	11.7	**11:44**	12.4	**5:09**	-1.8	**5:27**	-1.2	5:01	6:19	
31	Wed			**12:15**	11.8	**5:59**	-1.7	**6:20**	-1.2	5:02	6:18	