US HARBORS www.USHarbors.com

Rockland, ME - Aug 1760

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:11	10.8	1:46	10.1	7:37	-0.2	7:54	0.6	4:28	7:04	
2	Sat	1:59	10.6	2:33	10.4	8:22	-0.1	8:47	0.4	4:29	7:02	
3	Sun	2:52	10.4	3:24	10.6	9:12	0.1	9:45	0.3	4:30	7:01	
4	Mon	3:50	10.1	4:21	10.7	10:06	0.3	10:47	0.2	4:31	7:00	
5	Tue	4:55	9.8	5:22	10.9	11:04	0.5	11:52	0.0	4:32	6:58	
6	Wed	6:05	9.7	6:27	11.1			12:07	0.6	4:33	6:57	
7	Thu	7:15	9.7	7:32	11.4	12:58	-0.3	1:10	0.6	4:35	6:56	
8	Fri	8:20	9.9	8:34	11.7	2:01	-0.7	2:12	0.4	4:36	6:54	
9	Sat	9:19	10.2	9:31	11.9	3:01	-1.0	3:10	0.2	4:37	6:53	
10	Sun	10:14	10.4	10:25	12.0	3:56	-1.2	4:06	0.1	4:38	6:51	
11	Mon	11:05	10.5	11:16	11.9	4:48	-1.2	4:58	0.0	4:39	6:50	
12	Tue	11:53	10.6			5:36	-1.1	5:47	0.0	4:40	6:49	
13	Wed	12:05	11.6	12:39	10.5	6:22	-0.8	6:35	0.2	4:41	6:47	
14	Thu	12:51	11.2	1:24	10.3	7:07	-0.4	7:22	0.4	4:43	6:46	
15	Fri	1:37	10.6	2:08	10.1	7:50	0.1	8:09	0.7	4:44	6:44	
16	Sat	2:23	10.0	2:51	9.8	8:33	0.6	8:58	1.0	4:45	6:42	
17	Sun	3:12	9.5	3:37	9.6	9:17	1.1	9:48	1.3	4:46	6:41	
18	Mon	4:03	9.0	4:25	9.4	10:04	1.6	10:42	1.4	4:47	6:39	
19	Tue	5:00	8.6	5:18	9.3	10:55	1.9	11:39	1.5	4:48	6:38	
20	Wed	5:59	8.4	6:13	9.3	11:49	2.1			4:49	6:36	
21	Thu	6:57	8.4	7:07	9.4	12:36	1.4	12:44	2.1	4:51	6:34	
22	Fri	7:51	8.5	7:58	9.7	1:30	1.2	1:36	2.0	4:52	6:33	
23	Sat	8:40	8.7	8:44	10.0	2:21	0.9	2:25	1.8	4:53	6:31	
24	Sun	9:24	9.0	9:26	10.3	3:06	0.6	3:10	1.4	4:54	6:29	
25	Mon	10:04	9.4	10:06	10.7	3:49	0.3	3:53	1.1	4:55	6:28	
26	Tue	10:41	9.7	10:45	10.9	4:28	-0.1	4:34	0.7	4:56	6:26	
27	Wed	11:17	10.1	11:25	11.1	5:07	-0.3	5:16	0.3	4:58	6:24	
28	Thu	11:54	10.4			5:46	-0.5	6:00	0.0	4:59	6:23	
29	Fri	12:07	11.2	12:35	10.8	6:27	-0.5	6:46	-0.2	5:00	6:21	
30	Sat	12:52	11.1	1:18	11.0	7:10	-0.4	7:35	-0.3	5:01	6:19	
31	Sun	1:42	10.8	2:07	11.1	7:57	-0.2	8:29	-0.3	5:02	6:17	