US HARBORS www.USHarbors.com

Rockland, ME - Jan 1769

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:39	9.7	6:08	8.8	11:52	1.3			7:16	4:13	
2	Mon	6:31	9.7	7:04	8.6	12:03	1.6	12:48	1.3	7:16	4:14	
3	Tue	7:21	9.8	7:57	8.6	12:55	1.7	1:41	1.1	7:16	4:15	
4	Wed	8:09	9.9	8:46	8.7	1:45	1.8	2:30	0.9	7:16	4:16	
5	Thu	8:54	10.1	9:32	8.9	2:31	1.7	3:15	0.6	7:15	4:17	
6	Fri	9:35	10.3	10:13	9.1	3:15	1.6	3:57	0.4	7:15	4:18	
7	Sat	10:12	10.5	10:51	9.2	3:56	1.4	4:36	0.2	7:15	4:19	
8	Sun	10:47	10.7	11:26	9.4	4:35	1.2	5:14	0.0	7:15	4:20	
9	Mon	11:23	10.8			5:15	1.1	5:50	-0.2	7:15	4:21	
10	Tue	12:00	9.7	12:00	10.9	5:54	0.9	6:28	-0.3	7:14	4:22	
11	Wed	12:36	9.9	12:41	10.9	6:37	0.7	7:08	-0.3	7:14	4:23	
12	Thu	1:16	10.2	1:26	10.8	7:22	0.6	7:50	-0.3	7:13	4:25	
13	Fri	2:00	10.4	2:15	10.5	8:12	0.4	8:37	-0.1	7:13	4:26	
14	Sat	2:48	10.6	3:10	10.2	9:06	0.4	9:28	0.1	7:12	4:27	
15	Sun	3:42	10.7	4:11	9.9	10:07	0.3	10:25	0.4	7:12	4:28	
16	Mon	4:42	10.8	5:20	9.6	11:11	0.1	11:26	0.6	7:11	4:30	
17	Tue	5:47	11.0	6:33	9.6			12:18	-0.1	7:11	4:31	
18	Wed	6:54	11.3	7:42	9.8	12:31	0.6	1:24	-0.4	7:10	4:32	
19	Thu	7:59	11.6	8:45	10.0	1:35	0.5	2:27	-0.8	7:09	4:33	
20	Fri	8:59	11.9	9:42	10.4	2:36	0.3	3:25	-1.1	7:09	4:35	
21	Sat	9:55	12.1	10:35	10.6	3:34	0.1	4:18	-1.3	7:08	4:36	
22	Sun	10:47	12.1	11:25	10.8	4:28	-0.1	5:08	-1.3	7:07	4:37	
23	Mon	11:36	11.9			5:19	-0.2	5:55	-1.2	7:06	4:39	
24	Tue	12:12	10.8	12:24	11.6	6:07	-0.1	6:39	-0.9	7:05	4:40	
25	Wed	12:57	10.7	1:09	11.1	6:55	0.1	7:22	-0.4	7:05	4:41	
26	Thu	1:41	10.5	1:54	10.5	7:41	0.4	8:05	0.1	7:04	4:43	
27	Fri	2:24	10.2	2:40	9.9	8:28	0.7	8:47	0.6	7:03	4:44	
28	Sat	3:08	9.9	3:29	9.3	9:17	1.0	9:32	1.2	7:02	4:45	
29	Sun	3:54	9.7	4:22	8.8	10:08	1.3	10:20	1.6	7:01	4:47	
30	Mon	4:45	9.5	5:20	8.5	11:04	1.5	11:13	1.9	6:59	4:48	
31	Tue	5:39	9.4	6:20	8.3			12:01	1.5	6:58	4:50	