US HARBORS www.USHarbors.com

Rockland, ME - Jan 1770

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:10	9.3	1:10	10.1	7:09	1.4	7:39	0.4	7:16	4:13	
2	Tue	1:45	9.4	1:52	10.0	7:51	1.3	8:18	0.5	7:16	4:14	
3	Wed	2:26	9.6	2:38	9.8	8:38	1.3	9:02	0.6	7:16	4:15	
4	Thu	3:12	9.8	3:30	9.6	9:30	1.1	9:51	0.7	7:16	4:16	
5	Fri	4:03	10.0	4:28	9.4	10:27	0.9	10:44	0.8	7:15	4:17	
6	Sat	4:59	10.3	5:31	9.4	11:28	0.6	11:43	0.8	7:15	4:18	
7	Sun	5:59	10.7	6:39	9.5			12:32	0.2	7:15	4:19	
8	Mon	7:01	11.2	7:47	9.8	12:44	0.6	1:34	-0.4	7:15	4:20	
9	Tue	8:03	11.7	8:49	10.2	1:45	0.4	2:34	-1.0	7:15	4:21	
10	Wed	9:02	12.2	9:48	10.7	2:44	0.0	3:31	-1.5	7:14	4:22	
11	Thu	9:59	12.6	10:43	11.0	3:41	-0.4	4:26	-1.9	7:14	4:23	
12	Fri	10:54	12.7	11:35	11.3	4:37	-0.7	5:19	-2.0	7:14	4:24	
13	Sat	11:48	12.7			5:31	-0.8	6:10	-2.0	7:13	4:26	
14	Sun	12:27	11.4	12:41	12.3	6:25	-0.8	7:00	-1.7	7:13	4:27	
15	Mon	1:19	11.4	1:35	11.8	7:19	-0.6	7:50	-1.2	7:12	4:28	
16	Tue	2:11	11.2	2:29	11.1	8:14	-0.3	8:41	-0.6	7:11	4:29	
17	Wed	3:03	11.0	3:26	10.4	9:10	0.1	9:33	0.0	7:11	4:30	
18	Thu	3:58	10.6	4:25	9.8	10:09	0.5	10:27	0.6	7:10	4:32	
19	Fri	4:54	10.3	5:25	9.3	11:08	0.8	11:22	1.1	7:10	4:33	
20	Sat	5:50	10.1	6:25	8.9			12:09	0.9	7:09	4:34	
21	Sun	6:46	10.0	7:22	8.8	12:19	1.5	1:07	1.0	7:08	4:36	
22	Mon	7:39	10.0	8:16	8.8	1:14	1.6	2:01	0.9	7:07	4:37	
23	Tue	8:29	10.1	9:04	8.9	2:05	1.6	2:50	0.7	7:06	4:38	
24	Wed	9:14	10.2	9:49	9.1	2:53	1.6	3:34	0.5	7:06	4:40	
25	Thu	9:55	10.3	10:29	9.2	3:36	1.4	4:14	0.4	7:05	4:41	
26	Fri	10:33	10.4	11:06	9.4	4:15	1.3	4:51	0.3	7:04	4:42	
27	Sat	11:07	10.5	11:38	9.5	4:53	1.1	5:25	0.2	7:03	4:44	
28	Sun	11:38	10.5			5:29	1.0	5:59	0.1	7:02	4:45	
29	Mon	12:08	9.7	12:11	10.4	6:06	0.9	6:33	0.1	7:01	4:46	
30	Tue	12:39	9.9	12:47	10.4	6:45	0.8	7:09	0.2	7:00	4:48	
31	Wed	1:14	10.1	1:28	10.2	7:26	0.7	7:48	0.3	6:59	4:49	