US HARBORS www.USHarbors.com

Rockland, ME - Jul 1770

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:28	10.0	5:58	10.8	11:31	0.3			4:00	7:27	
2	Mon	6:30	9.7	6:54	10.7	12:15	0.3	12:29	0.7	4:00	7:26	
3	Tue	7:29	9.4	7:48	10.7	1:14	0.3	1:24	1.0	4:01	7:26	
4	Wed	8:23	9.3	8:38	10.6	2:09	0.3	2:16	1.2	4:02	7:26	
5	Thu	9:14	9.3	9:24	10.6	3:00	0.3	3:04	1.3	4:02	7:26	
6	Fri	10:00	9.2	10:07	10.5	3:46	0.2	3:48	1.3	4:03	7:25	
7	Sat	10:43	9.2	10:47	10.5	4:27	0.2	4:28	1.4	4:04	7:25	
8	Sun	11:22	9.2	11:22	10.4	5:06	0.2	5:06	1.4	4:04	7:25	
9	Mon	11:58	9.2	11:55	10.3	5:42	0.3	5:43	1.4	4:05	7:24	
10	Tue			12:31	9.2	6:16	0.3	6:20	1.4	4:06	7:24	
11	Wed	12:26	10.1	1:02	9.3	6:51	0.4	6:58	1.4	4:07	7:23	
12	Thu	1:00	10.0	1:34	9.4	7:26	0.5	7:38	1.4	4:08	7:22	
13	Fri	1:38	9.8	2:10	9.5	8:03	0.6	8:21	1.3	4:08	7:22	
14	Sat	2:21	9.7	2:52	9.7	8:44	0.8	9:09	1.2	4:09	7:21	
15	Sun	3:09	9.5	3:39	9.9	9:29	0.9	10:02	1.1	4:10	7:21	
16	Mon	4:02	9.3	4:31	10.1	10:18	1.0	11:00	0.8	4:11	7:20	
17	Tue	5:01	9.2	5:27	10.4	11:13	1.0			4:12	7:19	
18	Wed	6:05	9.3	6:27	10.8	12:01	0.5	12:12	0.9	4:13	7:18	
19	Thu	7:11	9.5	7:29	11.3	1:02	0.0	1:12	0.6	4:14	7:18	
20	Fri	8:15	9.9	8:29	11.8	2:03	-0.5	2:12	0.3	4:15	7:17	
21	Sat	9:15	10.4	9:27	12.3	3:00	-1.1	3:10	-0.1	4:16	7:16	
22	Sun	10:11	10.8	10:24	12.6	3:56	-1.6	4:07	-0.5	4:17	7:15	
23	Mon	11:05	11.2	11:19	12.7	4:49	-1.9	5:02	-0.8	4:18	7:14	
24	Tue	11:57	11.5			5:41	-2.0	5:57	-1.0	4:19	7:13	
25	Wed	12:13	12.5	12:50	11.6	6:32	-1.8	6:52	-0.9	4:20	7:12	
26	Thu	1:07	12.1	1:42	11.5	7:23	-1.5	7:47	-0.7	4:21	7:11	
27	Fri	2:03	11.5	2:36	11.3	8:15	-1.0	8:44	-0.4	4:22	7:10	
28	Sat	3:00	10.8	3:31	11.1	9:08	-0.3	9:43	0.0	4:23	7:09	
29	Sun	4:00	10.2	4:28	10.7	10:02	0.3	10:44	0.3	4:24	7:08	
30	Mon	5:01	9.6	5:26	10.5	10:59	0.8	11:45	0.6	4:25	7:07	
31	Tue	6:02	9.2	6:24	10.3	11:57	1.2			4:26	7:05	