US HARBORS www.USHarbors.com

Rockland, ME - Jul 1774

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:51**	10.3	**5:26**	10.6	**11:00**	0.0	**11:36**	0.5	4:00	7:27	
2	Sat	**5:52**	9.9	**6:22**	10.5	**11:56**	0.4			4:00	7:26	
3	Sun	**6:50**	9.6	**7:15**	10.5	**12:36**	0.6	**12:51**	0.8	4:01	7:26	
4	Mon	**7:46**	9.4	**8:06**	10.4	**1:32**	0.6	**1:43**	1.0	4:02	7:26	
5	Tue	**8:37**	9.3	**8:52**	10.5	**2:23**	0.5	**2:31**	1.1	4:02	7:26	
6	Wed	**9:25**	9.3	**9:36**	10.5	**3:10**	0.4	**3:15**	1.2	4:03	7:25	
7	Thu	**10:09**	9.3	**10:16**	10.4	**3:53**	0.3	**3:57**	1.3	4:04	7:25	
8	Fri	**10:50**	9.3	**10:52**	10.4	**4:33**	0.3	**4:35**	1.3	4:04	7:25	
9	Sat	**11:28**	9.3	**11:26**	10.4	**5:11**	0.2	**5:12**	1.3	4:05	7:24	
10	Sun			**12:03**	9.3	**5:47**	0.2	**5:49**	1.3	4:06	7:24	
11	Mon			**12:34**	9.3	**6:22**	0.2	**6:26**	1.3	4:07	7:23	
12	Tue	**12:30**	10.3	**1:06**	9.4	**6:58**	0.3	**7:06**	1.3	4:08	7:22	
13	Wed	**1:06**	10.2	**1:42**	9.5	**7:36**	0.3	**7:48**	1.3	4:08	7:22	
14	Thu	**1:48**	10.1	**2:23**	9.7	**8:16**	0.4	**8:34**	1.2	4:09	7:21	
15	Fri	**2:34**	10.0	**3:09**	9.9	**9:00**	0.4	**9:25**	1.0	4:10	7:21	
16	Sat	**3:26**	9.8	**4:00**	10.1	**9:49**	0.5	**10:22**	0.8	4:11	7:20	
17	Sun	**4:23**	9.7	**4:55**	10.4	**10:42**	0.5	**11:22**	0.5	4:12	7:19	
18	Mon	**5:25**	9.7	**5:55**	10.8	**11:40**	0.5			4:13	7:18	
19	Tue	**6:31**	9.8	**6:56**	11.3	**12:24**	0.1	**12:39**	0.3	4:14	7:18	
20	Wed	**7:38**	10.1	**7:57**	11.7	**1:26**	-0.5	**1:39**	0.1	4:15	7:17	
21	Thu	**8:41**	10.5	**8:57**	12.2	**2:26**	-1.0	**2:38**	-0.2	4:16	7:16	
22	Fri	**9:40**	10.8	**9:54**	12.5	**3:24**	-1.5	**3:36**	-0.5	4:17	7:15	
23	Sat	**10:36**	11.1	**10:49**	12.7	**4:19**	-1.8	**4:31**	-0.7	4:18	7:14	
24	Sun	**11:30**	11.4	**11:43**	12.6	**5:12**	-2.0	**5:26**	-0.8	4:19	7:13	
25	Mon			**12:22**	11.4	**6:04**	-1.9	**6:20**	-0.8	4:20	7:12	
26	Tue	**12:37**	12.3	**1:15**	11.3	**6:56**	-1.7	**7:14**	-0.6	4:21	7:11	
27	Wed	**1:31**	11.8	**2:07**	11.2	**7:47**	-1.2	**8:09**	-0.3	4:22	7:10	
28	Thu	**2:25**	11.2	**3:01**	10.9	**8:38**	-0.7	**9:05**	0.1	4:23	7:09	
29	Fri	**3:22**	10.6	**3:55**	10.6	**9:30**	-0.1	**10:03**	0.5	4:24	7:08	
30	Sat	**4:20**	10.0	**4:50**	10.3	**10:24**	0.5	**11:02**	0.7	4:25	7:06	
31	Sun	**5:19**	9.5	**5:46**	10.1	**11:19**	1.0			4:26	7:05	