US HARBORS www.USHarbors.com

Rockland, ME - Aug 1778

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:29	9.0	5:53	9.7	11:27	1.4			4:27	7:04	
2	Sun	6:26	8.8	6:46	9.7	12:09	1.3	12:20	1.7	4:29	7:03	
3	Mon	7:22	8.7	7:36	9.7	1:04	1.2	1:12	1.8	4:30	7:02	
4	Tue	8:14	8.7	8:24	9.9	1:56	1.0	2:02	1.8	4:31	7:00	
5	Wed	9:02	8.8	9:08	10.1	2:45	0.8	2:48	1.7	4:32	6:59	
6	Thu	9:46	9.0	9:49	10.3	3:29	0.6	3:31	1.5	4:33	6:58	
7	Fri	10:26	9.1	10:26	10.4	4:10	0.4	4:11	1.4	4:34	6:56	
8	Sat	11:03	9.3	11:01	10.6	4:48	0.2	4:50	1.2	4:35	6:55	
9	Sun	11:37	9.5	11:37	10.7	5:25	0.0	5:29	1.0	4:36	6:53	
10	Mon			12:11	9.7	6:02	-0.1	6:09	0.8	4:38	6:52	
11	Tue	12:15	10.7	12:47	10.0	6:40	-0.1	6:52	0.6	4:39	6:51	
12	Wed	12:56	10.7	1:27	10.2	7:20	-0.1	7:38	0.5	4:40	6:49	
13	Thu	1:42	10.6	2:12	10.4	8:03	0.0	8:28	0.4	4:41	6:48	
14	Fri	2:32	10.3	3:02	10.6	8:51	0.2	9:24	0.3	4:42	6:46	
15	Sat	3:29	10.0	3:57	10.7	9:44	0.4	10:25	0.2	4:43	6:45	
16	Sun	4:32	9.8	4:58	10.8	10:42	0.6	11:30	0.0	4:44	6:43	
17	Mon	5:42	9.6	6:04	11.0	11:45	0.7			4:46	6:41	
18	Tue	6:53	9.7	7:11	11.3	12:36	-0.2	12:50	0.6	4:47	6:40	
19	Wed	8:00	9.9	8:15	11.6	1:41	-0.6	1:53	0.4	4:48	6:38	
20	Thu	9:00	10.2	9:14	11.9	2:42	-0.9	2:53	0.2	4:49	6:37	
21	Fri	9:56	10.5	10:09	12.0	3:38	-1.2	3:49	-0.1	4:50	6:35	
22	Sat	10:47	10.8	11:00	12.0	4:30	-1.3	4:42	-0.2	4:51	6:33	
23	Sun	11:36	10.9	11:50	11.8	5:19	-1.2	5:32	-0.3	4:53	6:32	
24	Mon			12:22	10.8	6:05	-1.0	6:21	-0.2	4:54	6:30	
25	Tue	12:37	11.3	1:07	10.6	6:50	-0.6	7:08	0.1	4:55	6:28	
26	Wed	1:23	10.8	1:51	10.4	7:33	-0.1	7:55	0.4	4:56	6:27	
27	Thu	2:10	10.2	2:35	10.1	8:17	0.5	8:43	0.7	4:57	6:25	
28	Fri	2:58	9.6	3:20	9.8	9:02	1.1	9:33	1.0	4:58	6:23	
29	Sat	3:50	9.1	4:09	9.5	9:49	1.5	10:27	1.3	4:59	6:21	
30	Sun	4:47	8.7	5:03	9.3	10:41	1.9	11:24	1.4	5:01	6:20	
31	Mon	5:46	8.5	5:59	9.3	11:36	2.1			5:02	6:18	