US HARBORS www.USHarbors.com

Rockland, ME - Aug 1779

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:49	10.1	1:23	9.3	7:15	0.5	7:24	1.4	4:27	7:04	
2	Mon	1:26	10.0	1:58	9.4	7:52	0.6	8:06	1.3	4:28	7:03	
3	Tue	2:08	9.8	2:39	9.6	8:31	0.7	8:53	1.2	4:29	7:02	
4	Wed	2:55	9.6	3:24	9.8	9:15	0.9	9:45	1.1	4:31	7:01	
5	Thu	3:47	9.4	4:15	10.0	10:03	1.0	10:43	0.9	4:32	6:59	
6	Fri	4:46	9.2	5:11	10.3	10:58	1.1	11:44	0.5	4:33	6:58	
7	Sat	5:50	9.2	6:12	10.7	11:57	1.1			4:34	6:57	
8	Sun	6:58	9.4	7:15	11.1	12:48	0.1	12:58	0.9	4:35	6:55	
9	Mon	8:04	9.7	8:17	11.6	1:50	-0.4	1:59	0.6	4:36	6:54	
10	Tue	9:05	10.1	9:17	12.1	2:50	-0.9	2:59	0.2	4:37	6:52	
11	Wed	10:02	10.5	10:14	12.4	3:46	-1.4	3:56	-0.2	4:38	6:51	
12	Thu	10:56	10.9	11:09	12.5	4:40	-1.7	4:52	-0.5	4:40	6:49	
13	Fri	11:48	11.2			5:32	-1.8	5:46	-0.7	4:41	6:48	
14	Sat	12:03	12.4	12:39	11.3	6:23	-1.6	6:40	-0.7	4:42	6:46	
15	Sun	12:56	12.0	1:30	11.3	7:13	-1.3	7:34	-0.5	4:43	6:45	
16	Mon	1:50	11.5	2:22	11.1	8:03	-0.8	8:29	-0.2	4:44	6:43	
17	Tue	2:46	10.8	3:15	10.8	8:54	-0.1	9:26	0.1	4:45	6:42	
18	Wed	3:43	10.1	4:10	10.5	9:47	0.5	10:26	0.5	4:46	6:40	
19	Thu	4:44	9.5	5:07	10.2	10:42	1.1	11:26	0.7	4:48	6:39	
20	Fri	5:45	9.1	6:04	9.9	11:40	1.5			4:49	6:37	
21	Sat	6:45	8.8	7:01	9.9	12:26	0.9	12:38	1.8	4:50	6:35	
22	Sun	7:41	8.8	7:54	9.9	1:24	0.9	1:33	1.8	4:51	6:34	
23	Mon	8:32	8.9	8:43	10.0	2:16	0.8	2:23	1.7	4:52	6:32	
24	Tue	9:19	9.0	9:27	10.2	3:04	0.7	3:09	1.6	4:53	6:30	
25	Wed	10:02	9.1	10:08	10.3	3:46	0.5	3:50	1.4	4:55	6:29	
26	Thu	10:40	9.3	10:44	10.3	4:25	0.4	4:29	1.2	4:56	6:27	
27	Fri	11:15	9.4	11:17	10.3	5:01	0.3	5:05	1.1	4:57	6:25	
28	Sat	11:45	9.6	11:49	10.3	5:34	0.3	5:41	1.0	4:58	6:24	
29	Sun			12:14	9.7	6:07	0.3	6:18	0.8	4:59	6:22	
30	Mon	12:22	10.2	12:46	9.9	6:41	0.4	6:56	0.7	5:00	6:20	
31	Tue	1:00	10.1	1:22	10.0	7:17	0.6	7:38	0.6	5:02	6:18	