US HARBORS www.USHarbors.com

Rockland, ME - Jan 1781

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:23	8.9	3:24	9.2	9:18	2.0	9:47	1.2	7:16	4:13	
2	Tue	4:08	8.9	4:15	8.9	10:10	2.0	10:33	1.5	7:16	4:14	
3	Wed	4:54	9.0	5:11	8.6	11:04	1.9	11:21	1.7	7:16	4:15	
4	Thu	5:42	9.1	6:09	8.5			12:00	1.7	7:15	4:16	
5	Fri	6:31	9.4	7:07	8.5	12:10	1.8	12:54	1.4	7:15	4:17	
6	Sat	7:19	9.7	8:01	8.6	1:00	1.8	1:47	1.0	7:15	4:18	
7	Sun	8:06	10.1	8:51	8.9	1:49	1.7	2:36	0.6	7:15	4:19	
8	Mon	8:51	10.5	9:38	9.1	2:37	1.6	3:24	0.1	7:15	4:20	
9	Tue	9:37	11.0	10:23	9.5	3:24	1.3	4:10	-0.4	7:14	4:21	
10	Wed	10:23	11.4	11:08	9.8	4:11	1.0	4:56	-0.8	7:14	4:22	
11	Thu	11:10	11.7	11:54	10.1	4:59	0.6	5:42	-1.1	7:14	4:24	
12	Fri	11:58	11.9			5:47	0.4	6:29	-1.2	7:13	4:25	
13	Sat	12:42	10.4	12:48	11.9	6:38	0.1	7:18	-1.2	7:13	4:26	
14	Sun	1:31	10.6	1:41	11.6	7:32	0.0	8:08	-1.1	7:12	4:27	
15	Mon	2:23	10.8	2:38	11.2	8:29	0.0	9:00	-0.7	7:12	4:28	
16	Tue	3:18	10.9	3:39	10.7	9:29	0.0	9:55	-0.3	7:11	4:30	
17	Wed	4:17	10.9	4:46	10.2	10:33	0.1	10:54	0.2	7:11	4:31	
18	Thu	5:18	10.9	5:55	9.8	11:39	0.1	11:55	0.5	7:10	4:32	
19	Fri	6:21	11.0	7:02	9.5			12:45	0.0	7:09	4:33	
20	Sat	7:22	11.0	8:05	9.5	12:57	0.8	1:48	-0.1	7:09	4:35	
21	Sun	8:20	11.1	9:03	9.5	1:57	1.0	2:47	-0.2	7:08	4:36	
22	Mon	9:14	11.1	9:56	9.5	2:53	1.0	3:40	-0.3	7:07	4:37	
23	Tue	10:04	11.1	10:44	9.5	3:45	1.1	4:29	-0.3	7:06	4:39	
24	Wed	10:50	11.0	11:28	9.5	4:32	1.1	5:13	-0.2	7:05	4:40	
25	Thu	11:33	10.8			5:16	1.1	5:54	-0.1	7:04	4:41	
26	Fri	12:09	9.4	12:11	10.6	5:56	1.2	6:31	0.1	7:03	4:43	
27	Sat	12:47	9.4	12:48	10.3	6:35	1.3	7:07	0.4	7:02	4:44	
28	Sun	1:22	9.3	1:23	9.9	7:14	1.4	7:43	0.7	7:01	4:45	
29	Mon	1:56	9.2	1:59	9.6	7:54	1.5	8:19	1.0	7:00	4:47	
30	Tue	2:30	9.2	2:39	9.2	8:36	1.6	8:57	1.3	6:59	4:48	
31	Wed	3:07	9.2	3:24	8.9	9:23	1.7	9:39	1.6	6:58	4:50	