US HARBORS www.USHarbors.com

Rockland, ME - Jan 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:00	11.1	11:42	9.6	4:50	1.1	5:31	-0.4	7:16	4:13	
2	Mon	11:41	11.2			5:33	0.8	6:12	-0.6	7:16	4:14	
3	Tue	12:22	9.9	12:25	11.3	6:18	0.6	6:55	-0.7	7:16	4:15	
4	Wed	1:05	10.2	1:13	11.2	7:06	0.4	7:40	-0.7	7:15	4:16	
5	Thu	1:51	10.4	2:04	11.0	7:58	0.3	8:28	-0.5	7:15	4:17	
6	Fri	2:42	10.6	3:00	10.6	8:54	0.3	9:20	-0.2	7:15	4:18	
7	Sat	3:36	10.8	4:01	10.2	9:55	0.2	10:16	0.1	7:15	4:19	
8	Sun	4:36	10.9	5:10	9.8	10:59	0.1	11:16	0.4	7:15	4:20	
9	Mon	5:39	11.0	6:21	9.6			12:06	0.0	7:15	4:21	
10	Tue	6:44	11.2	7:30	9.6	12:19	0.6	1:12	-0.3	7:14	4:22	
11	Wed	7:47	11.4	8:33	9.7	1:22	0.7	2:15	-0.5	7:14	4:23	
12	Thu	8:46	11.6	9:30	9.9	2:23	0.6	3:13	-0.8	7:13	4:24	
13	Fri	9:41	11.7	10:23	10.0	3:20	0.5	4:07	-0.9	7:13	4:26	
14	Sat	10:32	11.7	11:12	10.1	4:13	0.5	4:56	-0.9	7:12	4:27	
15	Sun	11:20	11.5	11:58	10.1	5:02	0.5	5:42	-0.8	7:12	4:28	
16	Mon			12:05	11.2	5:49	0.6	6:24	-0.5	7:11	4:29	
17	Tue	12:41	10.0	12:48	10.8	6:33	0.7	7:05	-0.2	7:11	4:31	
18	Wed	1:22	9.9	1:29	10.3	7:16	0.9	7:44	0.2	7:10	4:32	
19	Thu	2:02	9.7	2:10	9.8	8:00	1.1	8:23	0.7	7:09	4:33	
20	Fri	2:41	9.6	2:52	9.3	8:45	1.3	9:04	1.1	7:09	4:34	
21	Sat	3:21	9.4	3:39	8.9	9:32	1.5	9:47	1.5	7:08	4:36	
22	Sun	4:05	9.3	4:32	8.5	10:24	1.6	10:35	1.8	7:07	4:37	
23	Mon	4:54	9.3	5:31	8.3	11:20	1.6	11:27	2.1	7:06	4:38	
24	Tue	5:48	9.3	6:33	8.2			12:17	1.5	7:05	4:40	
25	Wed	6:43	9.5	7:31	8.3	12:21	2.1	1:14	1.3	7:05	4:41	
26	Thu	7:37	9.8	8:23	8.6	1:16	2.0	2:07	0.9	7:04	4:42	
27	Fri	8:26	10.2	9:11	8.9	2:07	1.8	2:55	0.5	7:03	4:44	
28	Sat	9:12	10.6	9:54	9.3	2:56	1.4	3:41	0.0	7:02	4:45	
29	Sun	9:56	11.1	10:35	9.8	3:42	1.0	4:24	-0.4	7:01	4:47	
30	Mon	10:39	11.4	11:16	10.3	4:28	0.5	5:06	-0.8	7:00	4:48	
31	Tue	11:24	11.7	11:58	10.7	5:13	0.1	5:48	-1.0	6:58	4:49	