US HARBORS www.USHarbors.com

Rockland, ME - Jan 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:48**	11.6	**8:35**	10.1	**1:27**	0.4	**2:19**	-0.8	7:16	4:13	
2	Tue	**8:48**	12.0	**9:35**	10.4	**2:28**	0.2	**3:18**	-1.3	7:16	4:14	
3	Wed	**9:45**	12.3	**10:31**	10.6	**3:26**	0.0	**4:13**	-1.6	7:16	4:15	
4	Thu	**10:41**	12.5	**11:24**	10.8	**4:22**	-0.2	**5:06**	-1.7	7:16	4:16	
5	Fri	**11:34**	12.4			**5:16**	-0.3	**5:57**	-1.7	7:15	4:17	
6	Sat	**12:15**	10.9	**12:25**	12.1	**6:09**	-0.3	**6:47**	-1.4	7:15	4:18	
7	Sun	**1:05**	10.9	**1:16**	11.6	**7:01**	-0.1	**7:35**	-1.0	7:15	4:19	
8	Mon	**1:55**	10.7	**2:08**	11.0	**7:53**	0.2	**8:23**	-0.4	7:15	4:20	
9	Tue	**2:44**	10.5	**3:00**	10.3	**8:46**	0.5	**9:11**	0.2	7:15	4:21	
10	Wed	**3:35**	10.2	**3:55**	9.7	**9:41**	0.9	**10:00**	0.7	7:14	4:22	
11	Thu	**4:26**	10.0	**4:52**	9.1	**10:37**	1.1	**10:52**	1.2	7:14	4:23	
12	Fri	**5:19**	9.8	**5:50**	8.7	**11:34**	1.3	**11:45**	1.6	7:14	4:24	
13	Sat	**6:13**	9.7	**6:48**	8.6			**12:32**	1.3	7:13	4:25	
14	Sun	**7:05**	9.7	**7:43**	8.5	**12:38**	1.8	**1:27**	1.2	7:13	4:27	
15	Mon	**7:55**	9.8	**8:34**	8.6	**1:30**	1.9	**2:18**	1.0	7:12	4:28	
16	Tue	**8:42**	10.0	**9:21**	8.8	**2:19**	1.8	**3:05**	0.7	7:12	4:29	
17	Wed	**9:25**	10.2	**10:03**	9.0	**3:04**	1.7	**3:47**	0.5	7:11	4:30	
18	Thu	**10:04**	10.4	**10:42**	9.2	**3:46**	1.5	**4:27**	0.3	7:10	4:32	
19	Fri	**10:40**	10.6	**11:17**	9.4	**4:26**	1.3	**5:04**	0.1	7:10	4:33	
20	Sat	**11:14**	10.7	**11:49**	9.6	**5:05**	1.1	**5:39**	-0.1	7:09	4:34	
21	Sun	**11:50**	10.8			**5:43**	0.9	**6:15**	-0.2	7:08	4:35	
22	Mon	**12:23**	9.9	**12:29**	10.8	**6:24**	0.7	**6:53**	-0.2	7:07	4:37	
23	Tue	**1:00**	10.1	**1:11**	10.7	**7:07**	0.5	**7:33**	-0.1	7:07	4:38	
24	Wed	**1:41**	10.4	**1:58**	10.4	**7:55**	0.4	**8:17**	0.0	7:06	4:39	
25	Thu	**2:28**	10.6	**2:50**	10.1	**8:47**	0.3	**9:07**	0.3	7:05	4:41	
26	Fri	**3:19**	10.7	**3:49**	9.8	**9:44**	0.3	**10:01**	0.5	7:04	4:42	
27	Sat	**4:17**	10.8	**4:55**	9.5	**10:48**	0.2	**11:02**	0.7	7:03	4:43	
28	Sun	**5:21**	10.9	**6:08**	9.4	**11:55**	0.0			7:02	4:45	
29	Mon	**6:30**	11.1	**7:21**	9.6	**12:07**	0.8	**1:03**	-0.2	7:01	4:46	
30	Tue	**7:37**	11.4	**8:26**	9.9	**1:14**	0.7	**2:07**	-0.6	7:00	4:48	
31	Wed	**8:40**	11.7	**9:24**	10.3	**2:17**	0.4	**3:06**	-1.0	6:59	4:49	