US HARBORS www.USHarbors.com

Rockland, ME - Mar 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:31	11.4	9:10	10.4	2:09	0.5	2:52	-0.6	6:17	5:28	
2	Fri	9:27	11.5	10:01	10.7	3:08	0.1	3:44	-0.8	6:15	5:30	
3	Sat	10:18	11.5	10:48	10.9	4:00	-0.2	4:32	-0.8	6:13	5:31	
4	Sun	11:05	11.4	11:31	11.0	4:49	-0.3	5:15	-0.6	6:12	5:32	
5	Mon	11:50	11.1			5:34	-0.3	5:56	-0.3	6:10	5:33	
6	Tue	12:12	10.9	12:32	10.6	6:17	-0.2	6:35	0.1	6:08	5:35	
7	Wed	12:50	10.6	1:13	10.1	6:59	0.1	7:13	0.6	6:06	5:36	
8	Thu	1:27	10.3	1:53	9.6	7:40	0.4	7:52	1.0	6:04	5:37	
9	Fri	2:04	10.0	2:35	9.1	8:23	0.7	8:33	1.5	6:03	5:39	
10	Sat	2:45	9.7	3:22	8.7	9:10	1.1	9:19	1.9	6:01	5:40	
11	Sun	3:31	9.4	4:16	8.4	10:02	1.4	10:10	2.2	5:59	5:41	
12	Mon	4:25	9.2	5:17	8.2	10:58	1.5	11:07	2.3	5:57	5:42	
13	Tue	5:25	9.2	6:18	8.2	11:57	1.5			5:56	5:44	
14	Wed	6:27	9.3	7:14	8.5	12:06	2.2	12:53	1.3	5:54	5:45	
15	Thu	7:23	9.6	8:04	8.9	1:03	2.0	1:45	1.0	5:52	5:46	
16	Fri	8:12	9.9	8:47	9.3	1:55	1.6	2:31	0.7	5:50	5:47	
17	Sat	8:58	10.3	9:27	9.9	2:43	1.1	3:14	0.3	5:48	5:49	
18	Sun	9:41	10.6	10:05	10.4	3:28	0.5	3:55	0.0	5:46	5:50	
19	Mon	10:23	10.9	10:43	11.0	4:12	-0.1	4:35	-0.3	5:45	5:51	
20	Tue	11:06	11.1	11:24	11.4	4:56	-0.6	5:16	-0.4	5:43	5:52	
21	Wed	11:51	11.1			5:42	-0.9	5:59	-0.4	5:41	5:53	
22	Thu	12:07	11.7	12:39	11.0	6:30	-1.1	6:45	-0.3	5:39	5:55	
23	Fri	12:54	11.8	1:30	10.7	7:21	-1.1	7:35	0.0	5:37	5:56	
24	Sat	1:45	11.7	2:27	10.3	8:16	-0.9	8:30	0.3	5:35	5:57	
25	Sun	2:43	11.4	3:31	9.9	9:16	-0.6	9:31	0.7	5:34	5:58	
26	Mon	3:48	11.1	4:42	9.7	10:21	-0.3	10:38	0.9	5:32	6:00	
27	Tue	5:00	10.8	5:53	9.7	11:29	-0.2	11:49	0.9	5:30	6:01	
28	Wed	6:12	10.8	6:58	9.9			12:36	-0.1	5:28	6:02	
29	Thu	7:18	10.8	7:57	10.2	12:57	0.7	1:37	-0.2	5:26	6:03	
30	Fri	8:18	10.9	8:50	10.6	1:59	0.4	2:33	-0.3	5:24	6:04	
31	Sat	9:12	10.9	9:39	10.8	2:55	0.1	3:22	-0.3	5:23	6:06	