US HARBORS www.USHarbors.com

Rockland, ME - Jul 1788

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:18	9.6	8:30	11.5	2:08	-0.2	2:15	0.6	4:00	7:27	
2	Wed	9:15	10.0	9:25	12.0	3:03	-0.8	3:10	0.3	4:01	7:26	
3	Thu	10:10	10.4	10:19	12.4	3:57	-1.3	4:05	-0.1	4:01	7:26	
4	Fri	11:04	10.8	11:14	12.6	4:49	-1.7	4:59	-0.4	4:02	7:26	
5	Sat	11:57	11.1			5:42	-1.9	5:54	-0.6	4:03	7:25	
6	Sun	12:08	12.5	12:50	11.3	6:34	-1.9	6:50	-0.7	4:03	7:25	
7	Mon	1:04	12.3	1:45	11.4	7:26	-1.7	7:47	-0.6	4:04	7:25	
8	Tue	2:01	11.8	2:40	11.3	8:19	-1.3	8:46	-0.4	4:05	7:24	
9	Wed	3:01	11.2	3:38	11.2	9:14	-0.8	9:48	-0.2	4:06	7:24	
10	Thu	4:03	10.6	4:36	11.1	10:11	-0.2	10:51	0.0	4:06	7:23	
11	Fri	5:07	10.1	5:36	10.9	11:09	0.3	11:54	0.2	4:07	7:23	
12	Sat	6:10	9.6	6:34	10.8			12:08	0.7	4:08	7:22	
13	Sun	7:10	9.4	7:30	10.7	12:55	0.3	1:05	1.0	4:09	7:22	
14	Mon	8:07	9.3	8:22	10.6	1:53	0.3	2:00	1.2	4:10	7:21	
15	Tue	8:59	9.2	9:11	10.6	2:45	0.3	2:50	1.3	4:11	7:20	
16	Wed	9:47	9.2	9:55	10.6	3:33	0.2	3:36	1.3	4:12	7:19	
17	Thu	10:31	9.3	10:36	10.5	4:16	0.2	4:18	1.3	4:13	7:19	
18	Fri	11:11	9.3	11:13	10.4	4:55	0.2	4:56	1.3	4:14	7:18	
19	Sat	11:47	9.3	11:47	10.3	5:31	0.3	5:33	1.3	4:14	7:17	
20	Sun			12:20	9.3	6:05	0.4	6:10	1.3	4:15	7:16	
21	Mon	12:18	10.1	12:50	9.4	6:39	0.4	6:47	1.3	4:16	7:15	
22	Tue	12:50	10.0	1:21	9.4	7:13	0.6	7:25	1.3	4:17	7:14	
23	Wed	1:26	9.8	1:55	9.5	7:49	0.7	8:07	1.3	4:18	7:13	
24	Thu	2:07	9.6	2:35	9.7	8:27	0.9	8:53	1.2	4:20	7:12	
25	Fri	2:53	9.4	3:20	9.8	9:10	1.0	9:44	1.1	4:21	7:11	
26	Sat	3:44	9.2	4:11	10.0	9:59	1.2	10:41	1.0	4:22	7:10	
27	Sun	4:42	9.0	5:06	10.2	10:53	1.2	11:41	0.7	4:23	7:09	
28	Mon	5:45	9.1	6:07	10.6	11:52	1.2			4:24	7:08	
29	Tue	6:52	9.3	7:09	11.0	12:44	0.3	12:53	0.9	4:25	7:07	
30	Wed	7:56	9.7	8:11	11.6	1:44	-0.3	1:53	0.5	4:26	7:06	
31	Thu	8:57	10.2	9:10	12.1	2:43	-0.8	2:52	0.0	4:27	7:05	