US HARBORS www.USHarbors.com

Rockland, ME - Nov 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:10	9.4	5:26	9.9	11:21	1.3	11:54	0.4	6:17	4:30	
2	Tue	6:09	9.9	6:30	10.2			12:23	0.7	6:19	4:29	
3	Wed	7:07	10.6	7:32	10.6	12:50	0.1	1:22	0.0	6:20	4:27	
4	Thu	8:01	11.3	8:31	11.0	1:45	-0.3	2:19	-0.7	6:21	4:26	
5	Fri	8:54	12.0	9:27	11.3	2:38	-0.7	3:14	-1.4	6:23	4:25	
6	Sat	9:45	12.5	10:22	11.5	3:30	-0.9	4:07	-1.9	6:24	4:23	
7	Sun	10:36	12.8	11:16	11.5	4:22	-1.0	5:00	-2.2	6:25	4:22	
8	Mon	11:28	12.8			5:14	-1.0	5:53	-2.2	6:27	4:21	
9	Tue	12:10	11.4	12:21	12.6	6:07	-0.7	6:47	-2.0	6:28	4:20	
10	Wed	1:05	11.1	1:17	12.2	7:01	-0.4	7:42	-1.6	6:29	4:19	
11	Thu	2:03	10.8	2:15	11.6	7:58	0.1	8:39	-1.0	6:31	4:18	
12	Fri	3:02	10.4	3:16	11.0	8:58	0.5	9:37	-0.5	6:32	4:17	
13	Sat	4:03	10.1	4:19	10.5	10:00	0.8	10:37	0.0	6:33	4:16	
14	Sun	5:03	10.0	5:22	10.1	11:04	1.0	11:36	0.4	6:35	4:15	
15	Mon	6:01	10.0	6:22	9.8			12:06	1.1	6:36	4:14	
16	Tue	6:55	10.0	7:18	9.7	12:32	0.6	1:04	1.0	6:37	4:13	
17	Wed	7:45	10.1	8:10	9.6	1:23	0.8	1:56	0.8	6:39	4:12	
18	Thu	8:31	10.3	8:57	9.6	2:11	0.9	2:43	0.6	6:40	4:11	
19	Fri	9:13	10.3	9:42	9.5	2:54	1.0	3:26	0.4	6:41	4:10	
20	Sat	9:52	10.4	10:22	9.5	3:34	1.1	4:06	0.3	6:43	4:09	
21	Sun	10:27	10.4	11:00	9.4	4:11	1.1	4:43	0.2	6:44	4:09	
22	Mon	10:59	10.4	11:35	9.4	4:47	1.2	5:20	0.2	6:45	4:08	
23	Tue	11:29	10.4			5:22	1.3	5:55	0.2	6:46	4:07	
24	Wed	12:07	9.3	12:01	10.3	5:58	1.4	6:32	0.2	6:48	4:07	
25	Thu	12:40	9.3	12:38	10.3	6:36	1.4	7:11	0.2	6:49	4:06	
26	Fri	1:18	9.3	1:20	10.3	7:18	1.5	7:53	0.3	6:50	4:05	
27	Sat	2:00	9.3	2:06	10.2	8:04	1.5	8:39	0.3	6:51	4:05	
28	Sun	2:48	9.4	2:58	10.1	8:56	1.4	9:30	0.3	6:52	4:04	
29	Mon	3:41	9.7	3:55	10.0	9:53	1.2	10:24	0.3	6:54	4:04	
30	Tue	4:38	10.0	4:58	10.0	10:55	0.9	11:21	0.2	6:55	4:04	